

# Challenger

KYSNA.ORG

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Feeding Bodies. Fueling Minds.<sup>™</sup>

Association managed by <a href="https://www.keitacom">KentuckySNA@gmail.com</a>

KSNA C/O AMY CHAPPELL PO BOX 704, OWENTON, KY 40359 PHONE: (502) 514-2352

# USDA NONDISCRIMINATION STATEMENT



# **Correspondence from KSNA President**



**Dearest KSNA Members**,

I want to take a moment to share just how proud I am of each of you for the incredible work you do every day. Your dedication to feeding our students and ensuring they receive nutritious meals is nothing short of inspiring.

When I started my career in Child Nutrition over 19 years ago, my daughter was a kindergartner. It was a time of learning for both of us-not only was I growing as a school nutrition operator, but I was also experiencing schools meals from a parent's perspective. I feel incredibly fortunate to have had this opportunity, seeing first hand the vital role that YOU play in a child's development and wellbeing.

This experience has deepened my commitment to ensuring that every child has access to nutritious and delicious meals, and I am grateful for this opportunity. It is truly an honor and privilege to be a KSNA member and to serve alongside many passionate and committed individuals.

I am continually amazed by the efforts and heart you all bring to this vital work. Together, we have made real difference in the lives of countless children, and I have no doubt that we will continue to do so through the 2020's.

As we move forward, KSNA remains steadfast in our MISSION....to empower its members by providing advocacy and professional development to advance school nutrition in Kentucky. As we are advocates for our students and provide them with the healthy meals they deserve, I look forward to all that we will accomplish together.

THANK YOU for your passion, your dedication, and for being a part of this incredible association.

From your friend, Michelle Coker KSNA President



Jamie Link Secretary Education and Labor Cabinet

Dr. Robbie Fletcher Commissioner of Education

#### KENTUCKY DEPARTMENT OF EDUCATION

300 Sower Boulevard · Frankfort, Kentucky 40601 Phone: (502) 564-3141 · www.education.ky.gov

Fall 2024

Child Nutrition Professionals,

I hope the new school year has been met with new ideas and limited challenges. We look forward to partnering with you to make this a successful year.

We are thrilled to introduce a new webinar series, Eat, Grow, Learn Farm to School. This series will delve into various aspects of the Farm to School program, aiming to support and encourage child nutrition directors in purchasing from local vendors. The webinars will be held on the third Tuesday of each month, so be sure to join us. Additionally, don't miss our Coffee and Friends sessions or the Third Thursdays Procurement series, both offering monthly webinars packed with timely information to enhance your understanding of the program.

This fall and winter, we are partnering with the Institute of Child Nutrition to offer several in-person training courses. For more details and to register, please visit CNIPS. We value your feedback on how we can best meet your program needs. Be on the lookout for SCN's Schools Branch Annual Survey in early January 2025. Your input is crucial in shaping your future learning opportunities, guidance, and other initiatives, so we need and appreciate your participation.

Fall is a celebration of the Child Nutrition Programs with National School Lunch Week and National Farm to School Month. In the 2023-2024 school year, over 77 million school lunches were served to students, with a significant push to include local items on menus. Many Kentucky sponsors have been recognized through USDA's Healthy Meals Initiative. This success is a testament to your hard work and dedication to making these programs thrive for Kentucky students. You can also read about your summer success in a separate SFSP article.

From all of us at SCN, thank you for your outstanding efforts!

Kind Regards,

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Lauren E. Moore, Director Division of School and Community Nutrition



### Challenger



# **Summer Meals and Snacks for Kids KDE SUMMER FOOD** SERVICE PROGRAM

### SUN Meals Challenger Article Fall 2024

(SFSP)

2024 was another exciting year for the Summer Food Service Program! We received regulatory guidance for rural, non-congregate meals from the Interim Final Rule. Kentucky sponsors were primed and ready to serve non-congregate meals and they did so in a terrific way. Those who served congregate meals also did an outstanding job! KY sponsors exceeded 8.1 million meals claimed this summer! This is an increase of 52% over 2023, with almost three million more meals served! Kentucky children are truly fortunate to have such dedicated sponsors serving summer meals. Nearly every county has summer meal sites, and we have the goal of all KY children having access to these meals. We know that children who receive good nutrition in the summer when they are out of school come back ready to learn when school resumes. You deserve a standing ovation for your outstanding work supporting your students!!

As we have done successfully in the past, we will continue to bring annual program training to a location near you. Our training is undergoing revision to bring a fresh new presentation of material, and we plan to once again incorporate activities which will foster interaction and idea-sharing. We look forward to seeing you at one of these training sessions.

Be watching for our use of the new name for the SFSP-SUN Meals. USDA has re-branded the program, and we think the new name is fun and catchy! SUN Meals can be on site or SUN Meals To-Go. More on this as we move to 2025!

### Challenger

Letter from the VP



**KSNA Members**,

I would like to take this opportunity to thank you for your participation in the 2024 KSNA Administrative Conference. I hope everyone was able to find something to take away from the event and use in their districts. For me this conference is always about networking with all of you, as networking is where I get some of my greatest ideas. Sprinkle that in with our Keynote Speaker, Jeff Joiner, our Lead to Succeeded Speaker, Vickie Coffey, Industry Roundtables, updates from our state partners, an on point panel discussion, and a great Industry Event and we had a jam packed 2 and a half days.

As I said on the last day of the conference we have some amazing state and industry partners out there. Utilize these people as resources. Take the time on a regular basis to invest in your own professional growth, to make gains in any field we must be willing to look outside of our bubble. And by all means build you a "tribe" of people that you trust who you can bounce ideas with and share in both successes and struggles for these people who will help you get through the times when you feel overwhelmed in this job.

As the weather starts to turn and the air gets crisp I am reminded how quickly this all passes, before we know it another school year will be gone and we will see each other again at the June KSNA Conference. I can't wait to see you all there. Until then if there is anything I can do to help you in your job don't hesitate to ask.

Jennifer Wheeler KSNA Admin Chair & VP March was a busy month for advocacy; KSNA members attended LAC in D.C. and Hunger Free KY Day in Frankfort!

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# KSNA Annual Conference 2024





# KSNA Annual Conference 2024















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Kentucky School Nutrition Association Budget Overview August 2024 - July 2025

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	116,200.00	65,000.00		1,000.00	8,000.00	800.00		200.00	2,500.00		38,600.00	100.00	als	Meals
	7,200.00											7,200.00	Insurance and Bond	Ins
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PROVIDED BY WENDY YOUNG KSNA SECRETARY/FINANCE OFFICER

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### Member Types & Applications

Individual Membership - Regarding Individual Membership, please contact SNA at membership@schoolnutrition.org or (703) 824-3000 School District Membership (SDM) - Regarding School District Membership, please contact SNA's Membership Manager at sdm@schoolnutrition.org or (703) 824-3000, ext. 119.

You have such an important job serving school meals to our state's children. By belonging to the School Nutrition Association, you are a part of something even bigger than just your school or district. You are joining over 57,000 committed members from across the nation who are feeding the future. You, as a child nutrition professional, represent all the hungry children who eat at your school and your voice matters as to how and why it is done!As a SNA member, you get a support network of friends and colleagues who understand the everyday challenges of the School Nutrition Programs (SNPs) and have access to numerous resources that will make your job easier and your programs better. With the implementation of the USDA Professional Standards, the resources that SNA and KSNA offer have become even more valuable. At a more local level, KRS 158:852 requires that school nutrition directors and/or district menu planners to hold at least a Level 2 SNA Certificate in School Nutrition or hold a SNA Credential within three years of being appointed to the position. By attending SNA and KSNA meetings and events, you have the advantage of obtaining much of the necessary training for both these requirements.

### **SNA Benefits**

- Scholarships KSNA and SNA offer numerous scholarships to members and their family for continuing education
- Awards KSNA and SNA have numerous awards to recognize outstanding members
- Webinars members may participate in and/or view webinars on the latest happenings and changes in School Nutrition Programs
- School Nutrition Magazine the award-winning publication for SNA members offers articles and information for personal and professional growth as well as new product information and updates
- Legislation Guidance and Information SNA keeps abreast of important state and federal legislation that affect our programs. As a member, you can sign up for Tuesday Morning, an e-newsletter that gives weekly updates on legislation and policy issues
- **E-Newsletters** These newsletters will provide the latest media coverage nation-wide and spotlight other state and district programs which provide ideas for your programs
- **Conferences and Meetings** A wealth of information, networking, and professional growth are available at all the KSNA and SNA events. Attending these meetings will help you in numerous ways to advance your professional skills and make your programs the best they can be
- School District-Owned Memberships School District-Owned Memberships (SDM) is an alternative to standard individual memberships and designed to make it easier for school districts to pay for memberships and allow their employees to enjoy the many benefits of SNA membership. A SDM is owned by the district in the name of an individual and is transferable to another employee in the same membership category if the original assignee leaves employment in the district.
- **SNA/KSNA Websites** Visit the websites for up-to-date information on Nutrition, Operations, Administration, Marketing & Communication, Research and Promotional Materials for Special Events

Kentucky has a strong, vibrant, and well-respected state organization (KSNA). We have the honor of having three of our members, Melinda Turner; Dr. Janey Thornton; and Julia Bauscher, serve as president of SNA in recent years. How wonderful it has been to see these great Kentuckians shine in their leadership role and help move Kentucky and the nation forward in providing for the nutritional needs of our children. You, too, can shine as a School Nutrition Professional by joining SNA/KSNA today and making your voice heard! It is well worth it!



National and State New Member Application

				Member ID	-
1	Have you ever been a	SNA member? 🛛 Yes 🗌 M	10		
2	First Name		Last Name		
3	Email		Job Title		
4	School District		5 School Name	6 Chapter No.	
7	Work Phone		Home Phone		
8	Work Mailing Address	(Please indicate preferred mai	ling address 🗌 Work 🔲 Home)		
	Address			Suite	
	City		State	Zip	
9	Home Mailing Address				
	Address			Suite/Apt	
	City		State	Zip	
10	Who referred you to SNA?	First Name	Last Name	(Optional) Member ID:	

() Membership Category (Check either individual membership or school district/state agency membership (SDM). See back for description)

National Dues		12 Employed by? Dublic School Drivate Management Com		
Individual Membership	School District/ State Agency Membership	Private School CACFP      Ones your employer pay your dues?     Ves No		
SN Employee         \$40         \$40         \$40           Stude nt         \$40         N/A		(14) Are you responsible for school nutrition		
		operations in your school district?		
\$40	N/A			
\$4.2	\$4.2			
\$143	\$143			
	\$143	National, State Dues and Processing Fee are required.		
	\$143			
	\$143	(15) NATIONAL DUES		
	\$143			
		(16) STATE DUES* \$		
\$2.0	N/A	17 PROCESSING FEE \$ 3.0		
		20 TOTAL PAYMENT \$		
	\$40       \$40       \$40       \$42       \$143       \$143       \$143       \$143       \$143       \$143       \$143       \$143       \$120       \$20	\$40     \$40       \$40     N/A       \$40     N/A       \$40     N/A       \$42     \$42       \$143     \$143       \$143     \$143       \$143     \$143       \$143     \$143       \$143     \$143       \$143     \$143       \$143     \$143       \$143     \$143       \$143     \$143       \$143     \$143       \$143     \$143       \$143     \$143		

Return this form with your check or money order made payable to SNA. Mail application to SNA Depository PO Box 719297, Philadelphia, PA 19171-9297

#### SNA National and State Membership Application Guidelines

Membership Application for Individual and School District Memberships.

Instructions for completing the front of this application:

- Please indicate if you have ever been a SNA member. 1.
- 2. Print your full name as you would like it to appear in your membership record and on your membership card.
- 3. Print your email address and job title. All SNA members automatically receive emailed information related to the Organization.
- 4. Print your current school district.
- 5. Print your current school name.
- If you know your local chapter number, please fill in. 6.
- 7. Print your work and home phone number.
- Print your work mailing address. 8.
- Print your home mailing address. 9.
- 10 Print full name of member referrer who introduced you to SNA (only needed for new members). This will give the person credits for Star Club and
- annual membership campaign drives. Optional: Include referrer \$ SNA member ID.
- Please review the membership categories listed. Check one that best describes your position. 11. School District/State Agency Membership (SDM) is a membership managed or coordinated by the school district/state agency and can be transferred to another individual in the same membership
- category. Please check with your district to see if you are eligible for SDM.
- 12 Please check if you are employed by public school, private school, or private management company.
- Please indicate if your employer pays your dues.
- 13 Please indicate if you are responsible for school nutrition operations in your school district.
- Record your national dues based on membership category checked.
- 14 Record your state dues based on the dues listed on left side of application under "Your state dues are:"
- All applications must include the processing fee.
- 15 Please add national, state dues and processing fee amounts. This is the total dues amount to be paid. Applications with incorrect total amount will be returned resulting in a delay of member benefits.
- Record your optional contribution to the School Nutrition Foundation. The School Nutrition Foundation is a 501(c)(3) organization and donations are tax <del>1</del>6.
- deductible. Your contribution of \$10 or more will be acknowledged by the School Nutrition Foundation. Add national dues, state dues, processing fee and any optional contributions. This is the total payment.
- 17 If paying by credit card, please visit www.schoolnutrition.org.

22. This box must be completed for SDM applicants.

23.Please sign and date your completed application. Required for individual membership only. Mail your application and payment to SNA, SNA Depository PO Box 719297, Philadelphia, PA 19171-9297

Membership dues cover a full year of mem ber benefits. Processing of application takes approximately two to four weeks from receipt of payment. Once application is processed, new members will be able to access and print their membership card by logging in at www.schoolnutrition.org.

Dues CategoryMembership Category		Description	Individual Membership I	School District/ State Agency Membership
SNE	School Nutrition Employee	Cooks, chefs, bakers, bookkeepers, technicians, assistants, etc.	\$40	\$40
STU	Student	Full-time students enrolled in post-secondary nutrition, health or other food related program. Does not include right to vote.	\$40	N/A
RET	Retired	Retired Members.	\$40	N/A
SNM	School Nutrition Manager	Managers, head cooks, head chefs, assistant managers.	\$42	\$42
DDS	School Nutrition Director, Supervisors, V Specialist, Executive Chefs	orking in a school nutrition program at the school district level.	\$143	\$143
MCD	School Nutrition Director,	Working in a school nutrition program where the school district	\$143	\$143
	Supervisor, Specialist (Major City)	enrollment is 40,000 or more or city population is 200,000 or more.		
SDS	State Agency Director, Supervisor, Specialist	Working in state office for child nutrition programs, including nutrition education.	\$143	\$143
EDU	School Nutrition Educator	Faculty working in a college/university setting.	\$143	\$143
OTH	Other	Principals, Superintendents, Teachers, etc. Does not include right to vote.	\$143	\$143
AFE	Affiliate Part-Time Staff	Optional membership category for retired or part-time school	\$20	N/A
	(less than 4 hours daily)	nutrition staff. Does not include a subscription to SNmagazine		
AFR	Affiliate Retired	or the right to vote in the annual SNA election.	\$20	N/A

Note: Contributions or gifts to SNA are not deductible as charitable contributions for federal income tax purposes. Contributions to the

Foundation are deductible for IRS purposes. \$2.00 of your national dues is used for your subscription to the SN magazine.

### Challenger



# SILVER SPIRIT: ALICIA ARNETT

MENU PLANNING & FOOD PROCUREMENT SPECIALIST, JEFFERSON COUNTY PUBLIC SCHOOLS



# **2025 FAME Award**

The FAME Awards recognize the commitment of school nutrition professionals who care deeply about making a positive difference within their school districts and local communities. Golden Director Award is the most prestigious honor, followed by three Silver Awards, including Leadership, Rising Star, and Spirit. Winners were selected by the selection committee comprised of previous FAME Award winners, staff and board members of the <u>School Nutrition Association</u> (SNA) and select industry media partners.

From developing farm-to-school programs in partnership with the <u>U.S. Department of Agriculture (USDA)</u> to embracing trends in food culture, diversifying school menus with cultural cuisines resulting in record participation, the notable winners of this year's FAME Awards exemplify an unwavering commitment to school nutrition.

Basic American Foods<sup>™</sup> will formally honor the 2025 award winners with a ceremony on January 19, 2025 at Sheraton Phoenix Downtown. This will be in conjunction with the SNA's 2025 School Nutrition Industry Conference (SNIC) taking place from January 19-21, 2025 at the same location.

#### KSNA CHAPTERS

Article Provided by: Chapter President Representative Penny Hisel-Church



### FAYETTE COUNTY PROFESSIONAL LEARNING SUMMIT 2024





Our dedicated employees and support staff attended FCPS Focus Forward Professional Learning Summit in August, all aimed at ensuring our students receive nothing but the best. We firmly believe continuous learning is the key to creating an exceptional educational experience. By investing in our own development, we are better equipped to shape the future of our students.



# Bylaws Committee Update: Advancing Precision and Accessibility

Provided By Shane Bosaw, Chair of the Bylaws Committee, KSNA



As the Chair of the Bylaws Committee, I'm excited to share the progress and initiatives we've been working on this year. Our committee has been deeply engaged in a comprehensive update of the KSNA's Policy and Procedures Manual. This effort focuses on two primary goals: enhancing the clarity of our governance documents and leveraging modern technology to make these resources more accessible than ever before.

First and foremost, we are adding a detailed description of the duties and responsibilities for each member of the Executive Board. This is a significant step forward in ensuring that every position is clearly defined, supporting both current and future leaders in understanding their roles. Additionally, we're undertaking a thorough review of the document to correct any grammatical and formatting inconsistencies, making the manual more professional and easier to navigate.

Another key area of focus for this year is identifying and resolving discrepancies between the Bylaws and the Policy & Procedures Manual. Ensuring that these two documents are in full alignment is essential for smooth governance and decision-making.

In an exciting development, we are also exploring the implementation of an AI-powered search program. This innovative tool will allow us to input our updated Bylaws and Policy & Procedures documents and use artificial intelligence to generate accurate responses based on our specific guidelines. The AI-powered search will be a game changer, enabling the KSNA Executive Board and committees to access quick, reliable answers based solely on our internal legal documents, significantly streamlining operations and decision-making.

As we move forward, I am confident these updates will enhance the effectiveness of KSNA's governance and provide a strong foundation for future growth. We are committed to ensuring that our Bylaws and Policy & Procedures Manual remain dynamic, relevant, and aligned with our mission to support school nutrition professionals across Kentucky.

Thank you for your continued support, and we look forward to the progress ahead.

Yours in Health, Shane Bosaw Food Puns / Jokes

What happened after the cantaloupe won the lottery? It became a melon-aire!



What's the proper way to address a royal cake? Good afternoon, your pie-ness.



Why did the tortilla handle the situation by itself? Because it's nacho problem.

Cold coffees are great at giving compliments. They love telling you how brew-tiful you are.



Do you know a pickle's favorite folk singer? It's Bob Dill-lan Time fries when we ketchup.

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At Kentucky Proud®, we like to say that 'the freshest ingredients come from Kentucky farms'. It's more than just a clever tagline. Sourcing local farm-fresh foods means not only delivering delicious meals to students but also ensuring more money stays within communities while supporting Kentucky farm families and local businesses. As the seasons change, it's a perfect time for schools to consider incorporating Kentucky's seasonal produce and products.

In-season Produce: apples, beans, beets, blackberries, blueberries, bok choy, brussels sprouts, cabbage, carrots, cauliflower, greens, kohlrabi, lettuce, nuts, okra, onions (green and white), papaws, pears, peppers, plums, potatoes, pumpkins, radishes, sorghum, summer squash, sweet potatoes, tomatoes, turnips, watermelon, winter squash, zucchini \* \*Proteins, eggs, and dairy are always in season! There are various ways to obtain the freshest ingredients from Kentucky's farms, one is direct-farm-purchasing which maximizes seasonal ingredients and ensuring access to the best local produce, proteins, eggs, etc., throughout the year. By establishing and maintaining strong relationships with local farmers, you form lasting connections and shape personal stories to share with your students.

Another avenue for obtaining the freshest products is through the food distributors you work with regularly. Kentucky's distributors stock and deliver locally produced proteins, produce, and products from Kentucky farms. All you have to do is ask your distributor to deliver Kentucky farm products to you!

We know time and budget constraints can ultimately be the deciding factor in your sourcing decisions. To help encourage and reward restaurants, caterers, schools, and food outlets to buy locally grown foods, we launched the Kentucky Proud Buy Local program. Since 2017, we have been reimbursing participants up to 15% of their food purchases when they buy eligible food items from Kentucky farms. The purpose of this program is to benefit both the participants and the Kentucky producers through a streamlined

(cont.)



process to save you time and put money back in your pocket.

The Buy Local program introduces restaurants and food service operations to Kentucky farmers to build lasting and fruitful relationships (no pun intended). Participants may receive up to \$8,000 reimbursement annually for approved Kentucky farmimpact food purchases with a lifetime cap of \$36,000.

Since the grant was launched in 2017, Kentucky Proud has awarded more than \$1,700,000 to participating Kentucky restaurants and food service operations. To date, 31 participants have reached their lifetime cap and graduated from the program. Each Buy Local graduate has demonstrated a commitment to purchasing more than \$250,000 of Kentucky direct farm-impact food.

There are currently 131 participants from 55 cities across 50 counties enrolled in the

Buy Local program. In the past six years, participants have recorded more than \$ 16,600,000 in Kentucky direct farm-impact purchases. Proteins make up the majority or purchases (55%) followed by produce (23%) and dairy (9.2%).

Need help locating local ingredients? Our Kentucky Proud staff maintains a verified product list of more than 280 Kentucky Proud members who have provided Kentucky direct farm-impact items to foodservice operators registered in the Buy Local program.

We are proud of the Buy Local program and the positive impact it has made for food service businesses and Kentucky farms in a relatively short time. If you're a food service business interested in joining our Buy Local program, we'd love to hear from you! To learn more, visit kyproud.com/buylocal or send us an email at Grace.Ragain@ky.gov.



Funding for Kentucky Proud and the Buy Local program is made possible through a grant from the Kentucky Agricultural Development Fund.





### **REGIONAL DIRECTORS**

### REGION 1 DIRECTOR PENNY HOLT

REGION 3 DIRECTOR JENNIFER SPRING

**REGION 5 DIRECTOR LENA REESE**  REGION 2 DIRECTOR TODD CRUMBACKER

**REGION 4 DIRECTOR STEPHANIE STEELE** 

REGION 6 DIRECTOR JENNIFER MUNCY



# CHRISTIAN COUNTY



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# **GRAVES COUNTY**













# UNION COUNTY







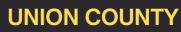


















PUMPKIN PATCH









# UNION COUNTY















PRESS RELEASE FOR IMMEDIATE RELEASE Barren County Schools Contact: CheyAnne Fant and Heather Gardner 600 Trojan Way, Glasgow, KY 42141 270-651-3787

#### Barren County Schools Cook Up Local Flavor for Farm to School Education and Community Celebrations

October is National Farm to School Month, a time to celebrate the connections happening all over the country between children and local food. From taste tests and meals in the Barren County cafeterias and nutrition education activities with our school wellness teams and FFA members, to the Local Hog Roast in conjunction with Sustainable Glasgow & Barren County Schools Nutrition, Culinary Arts and Agriculture Departments —schools, early care and education sites, farms, communities and organizations in Barren County and in all 50 states, join in the collaborative effort to promote healthy eating and agriculture.

Barren County Schools kicked off the celebration early with a highly successful Farm to School Day celebration on September 18, bringing together students, staff, and community members to immerse themselves in the world of local agriculture and savor delicious, locally sourced meals. This year's event was particularly special as it coincided with National Cheeseburger Day, featuring all-beef burgers from Moore's Family Farm. This highlight provided a delightful and flavorful way to underscore the significance of supporting local agriculture.

During the lunch period, students actively engaged with Nutrition and Wellness liaisons who shared valuable insights into the origins of their food, the growth process, and the benefits of purchasing locally. The interactive sessions aimed to deepen students' understanding of food sources and promote healthy eating habits.

"We are immensely proud of this year's Farm to School Day," remarked CheyAnne Fant, Director of Nutrition Services and Afterschool Programs. "Witnessing students engage with and learn about local agriculture while enjoying cheeseburgers made from beef raised right here in our community was truly rewarding. This event beautifully exemplifies our mission to promote healthy food choices and bolster support for our local farmers."

The school cafeteria's farm-to-table lunch featured local all-beef burgers served on Sister Schubert rolls, made right down the road from us. The meal was complemented by fresh herbroasted potatoes from Bennett Farms, seasoned squash, zucchini, and tomatoes from Dennison's, and colby cheese from Kenny's Farmhouse. The menu was rounded out with Jackson's Orchard Gala apples and Kentucky Proud milk from Prairie Farms, making the meal not only nutritious but also a true celebration of local agriculture.

Barren County Schools remains dedicated to advancing wellness, sustainability, and community engagement through initiatives such as Farm to School Day. Over the ten years, each school has been able to make significant contributions to the health and wellness goals for the district, and all schools have been named "America's Healthiest Schools" by the Alliance for a Healthier Generation, in part because of the tradition of celebrating local foods.

Barren County cafeteria & wellness staff along with the BCHS Agriculture and Culinary Arts Departments are able to work together to create a locally sourced meal with Sustainable Glasgow leading the event. BCHS FFA families have been hosting a hog roast for nearly 25 years for students and their families, but several years ago, Sustainable Glasgow approached BCS about creating a community celebration of local foods, so the events have merged and grown to become a night of local music, education activities, and cuisine that is all local sourced.

From the homemade bone broth and creamed soup made with Kenny's Farmhouse cheese used in the squash and zucchini casserole created by the Culinary Arts, to the hand-churned honey butter made with fresh cream from JD's Country Milk and honey from a student's local bee hive, to cornbread baked with Weisenberger Mill cornmeal, fresh milk from Legacy Dairy and Fluffy Butt Farm eggs, each savory bite is a flavor of Barren County and surrounding farmers' labor and love. "We really tried to change up some of the recipes for the Hog Roast this year, and I think we were able to truly bring the flavor of fields straight to table!" Kristy Smith, Trojan Campus Central Kitchen Manager exclaimed.

Local herbs and spices top the fresh produce from Lake Berry Farms, Bennett Family Farms, Dennison's Roadside Market, Jackson's Orchard, while the pork roasts were sourced from Moore's Family Farm. "Teaching our students to cook with local ingredients is important because the flavors of locally grown, in-season foods definitely please the palate far better than foods which have been picked early to ripen in time to get to the store," said BCHS Family and Consumer Sciences Teacher, Emily Matthews. "Starting this educational experience early is important, which is also why I wanted my BC Preschool daughter here to help us wash vegetables and learn to celebrate the farmers who bring food to our tables," Matthews added.

All BC schools know the importance of starting these life-ready skills early. So, after working late at the Local Hog Roast, Barren County Nutrition Wellness Liaisons and the FFA members rose early, just like farmers who work from sunrise to sunset to help with another special event. With with their FFA jackets, bags of dirt, books about farming, and pumpkin seeds donated by Rural King, FFA members and BC Liaisons will work with each Barren County elementary school student to learn about where food comes from and the importance of farmers in our community. Hopefully, these FFA members will plant more than just a pumpkin start kit, as they start to lay the foundation for the thriving Food industry for generations to come.

"It's an honor for our FFA members to be asked to be a part of this educational process for the students in our elementary schools," stated Dr. Andy Joe Moore, BCHS FFA Co-Sponsor. "We look forward to building an even stronger relationship with our students to connect them with locally grown foods. With our new agriculture facility that will rival most any high school in the state, our students will have opportunities I dreamed of when I was a kid in school at BCHS."

In addition to the festivities, Brandi Button Johnson from The Food Connection at the University of Kentucky shared her passion for the Farm to School initiative: "Farm to school is something I'm extremely passionate about because not only does it get nutrient-dense fruits, vegetables, and proteins into the hands of K-12 students; it travels fewer miles to get there and allows local farmers to have an impact in their community, increasing their direct sales. It's a win/win for everyone involved." This sentiment reinforced the day's focus on the mutual benefits for both students and the local agricultural community.



The National Farm to School Network (NFTSN) identifies activities like these a "Triple Win" for kids, farmers and communities. "I have to agree with this", said Fant. Everyone is a winner in these celebrations of agriculture, culinary arts, and local people with their talents. Our BC kids and staff continue to amaze me each and every year." Here's the triple win from NRTSN:

- KIDS WIN Farm to school provides all kids access to nutritious, high-quality, local food so they are ready to learn and grow. Farm to school activities enhance classroom education through hands-on learning related to food, health, agriculture and nutrition.
- FARMERS WIN Farm to school can serve as a significant financial opportunity for farmers, fishers, ranchers, food processors and food manufacturers by opening doors to an institutional market worth billions of dollars.
- COMMUNITIES WIN Farm to school benefits everyone from students, teachers and administrators to parents and farmers, providing opportunities to build family and community engagement. Buying from local producers creates new jobs and strengthens the local economy

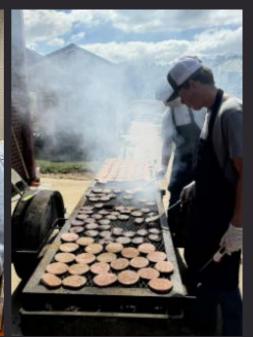
These events were resounding successes, raising awareness about the critical role of local agriculture, the benefits of healthy eating, and the positive environmental impact of supporting local farms. To close the month of celebration, all BC elementary school students will be "picking" a locally grown pumpkin to take home from Wondering Acres Farm. BC Schools will also host another Farm to Cafe Day in the Spring as well.





### National Cheeseburger & Farm to Cafe Pictures





# Hog Roast with FFA and Sustainable Glasgow

GATIE

### **BARREN COUNTY**





6



























Planting Pumpkin Lessons with FFA & BC Wellness Liaisons



# DAVIESS COUNTY











# DAVIESS COUNTY















### LARUE COUNTY







































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#### **OWENSBORO IND**

# SPECIAL MENU DAYS







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# HISPANIC HERITAGE MEAL

OWENSBORO HIGH SCHOOL

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This past summer, our district's Nutrition Services Department launched several successful bulk summer feeding sites, bringing nutritious meals directly to our community. Key locations like Beckley Park, Evangel World Prayer Center, and the PRP Fire Training Center became hubs of nourishment, support, and connection for children and families in need. These sites not only provided food security during the summer break but also strengthened our relationship with the community. Success in Numbers

The response to our summer feeding program was overwhelming. Hundreds of families visited our bulk feeding sites, taking home fresh, healthy meals that would sustain their children during the long break. Beckley Park, Evangel World Prayer Center, and PRP Fire Training Center proved to be ideal locations, allowing us to reach families in various parts of our district and ensure no child went hungry while school was out.

Parents appreciated the convenience and reliability of the bulk meal distribution model, where they could pick up multiple days' worth of meals at once, cutting down on daily travel and planning. The community's trust in our program grew throughout the summer, and our staff worked tirelessly to ensure all families were served with care and respect.

#### **Community Partners and Impact**

These efforts wouldn't have been possible without the partnership of local organizations. Locations like Evangel World Prayer Center and PRP Fire Training Center opened their doors to support our mission, helping us expand our reach and create a welcoming space for families. The staff at each site went above and beyond, working with our Nutrition Services team to ensure seamless distribution and meaningful interactions with the community.

The success of these sites wasn't just measured in meals provided, but in the positive feedback we received from the families and children. They expressed how these feeding sites alleviated stress and offered relief during a time when many were struggling with food insecurity. Looking Ahead: Expanding the Movement

Building on this success, we are eager to expand the bulk summer feeding program next year. We see a clear need for additional sites in areas we haven't yet reached, and we hope to partner with even more community organizations to grow the program. By offering convenient and accessible locations across the district, we aim to make sure that no child is left behind when school is out of session.



RUCKS

The Culinary Team took on the challenge of designing every aspect of the LouChew food trailer, from the equipment to the floorplan. In fact, they had the entire setup mocked out to scale on the floor outside the kitchenette in CBY, ensuring that every detail was precisely in place. Originally, LouChew was envisioned as an additional serving line that would bring "upscale" lunches to secondary schools, using our regular menus as a foundation. Over the years, however, its role has shifted, and now it focuses primarily on special events and celebrations. From field days to promotions, LouChew has their events with delicious, festive meals. One of the highlights of LouChew is its setup, which with external speakers, a PA system with a

become a go-to for elementary schools looking to elevate

goes beyond just serving food. The truck is equipped

microphone, and an auxiliary input for sound, helping to create a lively and engaging atmosphere at every event. Inside, we've ensured that it's fully outfitted for

high-volume food prep and service, featuring two convection ovens, a flat-top grill, a microwave, a stacked warming cabinet, a three-bay steam table, a fry warmer, and a refrigerated sandwich station. Of course, there's also a three-compartment sink, a handwashing station, and a small refrigerator to meet

all health and safety standards. LouChew's most requested menu is our classic "Hamburger & Hotdog Cookout," and we've managed to serve up to 350 students in a single event. Our calendar fills up quickly, with 4-5 events each school year. This year is no different, with five events already scheduled through mid-November.

LouChew has certainly evolved from its original purpose, but its ability to bring great food and fun to school events remains at the heart of what we do.



# **BREAKFAST KIOSKS**



Go ahead





Breakfast kiosks are mobile or stationary stands strategically placed in high-traffic areas like hallways, entrances, or bus drop-off zones. Students can easily grab a nutritious meal before heading to class, bypassing the cafeteria lines and reducing the time they spend waiting for food. This convenience helps ensure that more students, particularly those who may not have had time for breakfast at home, can get the nutrition they need to start the day right.

#### Benefits for Students

- **1. Increased Participation**
- 2. By removing the barriers of location and time, breakfast kiosks offer students quick access to meals. A kiosk can be set up in various locations around the school, reaching students who may otherwise skip breakfast. Schools that have implemented kiosks have reported significant increases in participation, especially among students who previously felt rushed or embarrassed to visit the cafeteria in the morning.
- 3. Getting to Class on Time
- 4. One of the main reasons students skip breakfast is the fear of being late to class. With kiosks, students can grab a meal on their way to the classroom, ensuring they don't have to choose between nutrition and punctuality. This can help reduce tardiness and encourage students to engage in learning from the start of the day.





# **KEEPING IT MOBILE**



As a district. our Nutrition Services Department is dedicated to ensuring that every student has access to nutritious meals, no matter where they are or they how much time Whether it's have. through breakfast kiosks, mobile food carts, or meal delivery on wheels, we constantly are finding creative ways to students where meet they are. By thinking beyond the cafeteria, we keep it moving-literally and figuratively-to make sure our kids are wellfed, energized, and ready to succeed. Our commitment is simple: no student should go hungry, and we'll go the extra mile to make that happen.



2024-2025 SY NSLP/SBP: Breakfast counts were up 204,041 for a Total of 6,615,895. Lunch Counts were up 73,496 for total of 10,094,017. CACFP for 2023-2024 SY: Served 307,075 Suppers (273,611 served in 22-23) increase of 22,464 models

33,464 meals.

S5,464 meas. SFSP 2024: Breakfasts Served were up 58,215 (SFSP 2023 total breakfasts: 78,201) SFSP Total Breakfasts 2024: 136,416. Lunches Served were up 52,190 (SFSP 2023 total Lunches were 151,763) Total Lunches in 2024: 203,953.







# A NOTE FROM OUR ASSISTANT DIRECTOR





"In our district, we offer free breakfast and lunch to all of our ninety-five thousand students. Because of the of our ninety-five thousand students. Because of the large enrollment in Jefferson County Public schools, we are continuously thinking outside of the box and trying to come up with new ways to increase meal participation, especially during breakfast. We strive to ensure students start the day with a nutritious meal, which we believe is key to academic success. One of the most effective ways we've expanded meal access is through the use of mobile breakfast kiosks. These Grab 'n Go kiosks, conveniently located near car rider and bus rider lines, provide a quick and easy option for students to fuel up before the school day begins. Year to date, breakfast participation has increased by 204,041 meals compared to last year. Special shout out to our cafeteria and central office teams for this accomplishment. By continuing to

teams for this accomplishment. By continuing to open more of these kiosks, we aim to serve even more students the most important meal of their day.

Jay Mills, SNS Assistant Director, JCPS **SCNS** 







# BOONE COUNTY







PEPPERS





In October we had some elementary and middle schools in Boone County show their appreciation for local farmers by celebrating farm to school month. We were able to sample locally grown items such as tomatoes, peppers, salsa, and apples. This gave students the opportunity to try new items and learn about the product we are serving that is grown so close to home.

# 

#### **GRANT COUNTY**





#### **GRANT COUNTY**













#### SOUTHGATE IND





Southgate Public School (PreK – 8th) is really focusing on fresh fruits and vegetables in our meal programs. We put the vast majority of our commodity dollars in DoD Fresh Fruits and Vegetables and our students and staff may choose as many fresh fruits and vegetables as they'd like for their meals.

**Director Sharyl Iden** 























A busy start of school for Trimble County. We have had tasty trainings that included slicing and dicing techniques. Director Toni Jackson was honored to testify in Washington DC on September 26th regarding summer feeding.



#### Hot Brown pic–Clark County Public Schools are excited to go to a four week menu and try out new recipes like this KY Hot Brown at the Junior High and High School.



CCPS elementary students are learning about the water content of watermelons, the health benefits of avocados, and numerous other valuable nutrition facts, thanks to Clark County's participation in the federal Fresh Fruit and Vegetable Program.

Funded by the U.S. Department of Agriculture, the program provides all children in the district's four elementary schools with a variety of free fresh fruits and vegetables several afternoons each week.

The program's goals are to increase awareness about the importance of healthy eating habits through hands-on experiences, boost intake of essential nutrients, and motivate children to carefully consider their food choices.

Our CCPS café staffs prep the snacks and take them around to the classrooms.

Food Services Director Dr. Jennifer Muncy says she enjoys seeing how the teachers creatively incorporate the educational component. "On avocado day, we loved hearing all the stories about the student conversations and reactions," she said. "Having these healthy snack options regularly all year will definitely make the children think differently about food and we hope it will ultimately help establish wise eating habits."

Dr. Muncy is looking for local farmers to help provide the items. "Sourcing the produce to local farms is an option in the grant," she says. "We are currently looking for partnership opportunities which would be a win-winwin all the way around."

The fresh fruit and vegetable program's main goal is to benefit children now and in the long run as they learn about balanced diets and wholesome nutrition options.

"I feel like we've done a good job this year of having a good variety of fresh fruits available, but this is an opportunity to provide more diversity in food options," Dr. Muncy says. "This program is just another way we are prioritizing the well-being of our students."

#### CLARK COUNTY PUBLIC SCHOOLS: GROWING GREATNESS

We love it Wed pic-Clark County Public Schools social media post about FFV grant.



#### **FAYETTE COUNTY**

# Fayette County served KY Watermelon for Wacky Watermelon Wednesday





#### JESSAMINE COUNTY



Staff sharing smiles as they return to serving students!







Monday's lunch includes: Taco Meat/Queso/Tostitos

Wednesday's lunch includes: Shark-shaped Chicken Nuggets!! Under the Sea?

Jessamine Co. Elementary Schools Tuesday's lunch includes: BBQ Teriyaki Chicken, LoMein Noodles, Egg Roll In the Orient?

Thursday's lunch includes: Taylor Belle's Ice Cream At the Ice Cream Shoppe?

Friday's lunch includes: Hot Dogs & Fruit Pops

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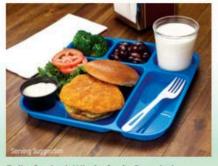
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#### Nutrition Facts



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110 servings per conta Serving size	3 Pieces
Calories	240
S. Carlos	% Daily Value*
Total Fat 3g	12%
Saturated Fat 1.5g	8%
Trans Fall Dj	
Polyametarated Fat 4.5g	
Monoureaturated Full 2p	
Cholesterel (Srsp	25%
Sedium 410mp	18%
Tetal Carbohydrate 18g	6%
Clietary Fiber 3g	9%
Total Supers less than 1p	
Includes Og Added Sugar	1%
Proteix 22g	
ALC: NO	
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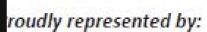
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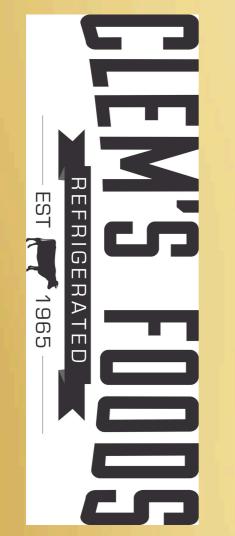


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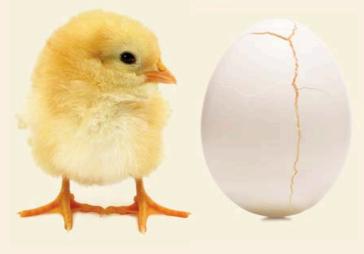
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'at Kelley - MPK Commodity Processing Group \* pat.kelley@mpk-kpg.com \* 859-396-6035 ry Kuhn – MPK Commodity Processing Group \* mary.kuhn@mpk-kpg.com \* 502-689-45 Cindy Marschke – Regional Sales Director \* cindy@yangs5thtaste.com \* 414-333-5578

1/2 Cup













# **KSNA Silver Partners**







