

#### 2018-2019 EXECUTIVE BOARD

#### **OFFICERS**

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Region 1 – Penny Holt Region 2 – Josey Crew Region 3 – Jay Mills Region 4 – Amy Chappell Region 5 – Jack Miniard Region 6 – Jan Anderson

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Kelly Holt – Chair Jenny Smith Elizabeth Hord Cathy Hettmansperger, President-Elect (Required by Bylaws)

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#### **CONFERENCE 2019**

Cathy Hettmansperger & Terina Edington, Co-Chairs

EXECUTIVE DIRECTOR Marty Flynn

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#### **INDUSTRY RELATIONS**

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#### **CHAPTER PRESIDENTS**

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### Platinum Partners

Baner Marketing $\diamond$ C&T Design Equipment $\diamond$ DRC MarketingGeneral Mills $\diamond$ JTM Food Gronp $\diamond$ Key Jmpact Sales & ServiceKoehler Borden $\diamond$ Manning Brothers $\diamond$ MPK-KPG $\diamond$ Phoenix MarketingPilgrim's Pride/Gold Kist $\diamond$ Schwan's Food Service $\diamond$ SESEO $\diamond$ ShiverShockSMART Systems $\diamond$ Vollrath $\diamond$ Zink Food Service Gronp

### **Gold Partners**

2 Market Group \* ACOSTA \* Asian Food Solutions \* Bake Crafters \* Basic American \* Butter Buds \* Cardinal Ice \* ConAgra \* Dairy Alliance \* Domino's Smart Slice \* E. Ruff & Assoc. \* Foster Farms \* Get Visualz \* Gordon Food Service \* HPS \* Heartland Payment Systems \* Hobart-Traulsen \* Hubert Company \* Infinite Campus \* InTEAM \* John Soules Foods \* McCain Foods \* MealViewer \* Milo's Tea \* National Food Group \* Parsley Marketing \* PepsiCo Foodservice \* Perdue Foods \* Peterson Farms \* Piazza Produce & Specialty Foods \* Red Gold \* Rich's Products \* Rizwitsch Sales \* Winston Industries \* Yangs 5th Taste

We thank you for your support of KSNA!

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#### Presidents Letter, Spring 2019... We make learning possible....

#### School Food Service – A labor of love!

I have worked in school food service for 8 years now and have met many interesting, talented, highly educated and downright gifted, **Food Service Professionals**, who work long hours for meager pay. I have no doubt that my colleagues could find positions with loftier titles and more lucrative compensation. However, what I find is that my teammates here and abroad, all seem to have a passion for serving and caring for children. This is a noble cause and has rewards far beyond any commendations or monetary rewards.

I'll never forget sitting in a strategic planning meeting and hearing an administrator discuss essential personnel vs. non-essential personnel within the school district. I could not help but raise my hand and ask how well we would be able to educate children if our transportation professionals were not able to get students to school, or if our maintenance experts were not able to provide students with heat in the winter and running water, or how well students would achieve in an environment plagued with germs and viruses because our sanitation specialists were not cleaning and disinfecting surfaces. I purposely left out my own profession which is responsible for nourishing students by providing a healthy breakfast, lunch, snack and now supper. I asked a very pointed question that day, "Does our school district really employ any non-essential personnel? And if so, why? If they aren't essential, why don't we get rid of them."

That day our team took a journey which led us to a powerful mission statement and a unique organizational chart which is in the form of a wheel with spokes. Students are in the center and the spokes are represented by each of the school's departments, all of which are indeed **essential**. The spokes are encompassed by an outer wheel which consists of our community and supporting organizations. This chart sits on top of three pillars of success. Life Success is in the middle and focuses on Connectedness, Community, Productivity, Wellness, Personal Responsibility and Adaptability with Career and College success representing the two other columns. As a district, we have vowed to inspire the champion within each of our students. And as you know from Maslow's Hierarchy of Needs; Physiological needs like food, water, warmth and rest, as well as needs for Safety, Belonging, and Esteem must be met before students are able to reach their full potential.

Please join the Kentucky School Nutrition Association in our continued efforts to Feed Bodies, and Fuel Minds by providing for our students basic physiological and psychological needs as they reach for their full potential and become the champions of the future!

Yours in Health,

Shane Bosaw, KSNA President

# We Aske Learning Possible Providing our Students' Students' Basic Needs! Needs! Bodies, Fueling Minds.

Matthew G. Bevin Governor



Derrick Ramsey Secretary Education and Workforce Development Cabinet

#### Wayne D. Lewis, Ph.D. Commissioner of Education

#### KENTUCKY DEPARTMENT OF EDUCATION

300 Sower Boulevard • Frankfort, Kentucky 40601 Phone: (502) 564-3141 • www.education.ky.gov

April, 2019

Dear Child Nutrition Professional:

Greetings! As I enter my third year in this role, I am thankful that the Challenger allows me to touch base with you and, more importantly, to express my gratitude for the important work you do each and every day for the children of Kentucky.

It is always great to see you face-to-face, and we were pleased to see many sponsors participating in the training opportunities provided over the winter by the Institute of Child Nutrition (ICN) at SCN. Each year, SCN collaborates with ICN to provide some of the most up-to-date trainings available in child nutrition. If you missed this round, be sure to check the SCN Weekly Update for future offerings. The Schools Branch is introducing a new interactive in-person training on the School Breakfast Program Meal Pattern. This training will educate sponsors on the requirements of the breakfast meal pattern and will discuss best practices in menu items, recipes and alternate methods of meal service. The training will be offered throughout the summer along with the NSLP Meal Pattern Training. Also being released soon is a second state approved production record prototype for sponsors to use, if desired. This will roll out in early summer along with a series of training dates for those interested in utilizing this option. Lastly, the Schools Branch is working closely with Dale Colyer, who has recently been hired as the project manager for the statewide POS project. Dale is diligently working to learn existing systems, evaluate and assess current needs and to get to know sponsors as we work toward releasing a RFP this summer.

With summer quickly approaching, it's not too early to consider participating in the At-Risk Afterschool Meals Program when school is back in session. This component of the Child and Adult Care Food Program offers Federal funding to Afterschool Programs that serve a meal and/or snack to children in low-income areas. Meals are served at the free reimbursement rate at eligible sites after school as well as weekends, holidays or school breaks. To be eligible, the site would need to have 50% free and reduced enrollment as well as an enrichment program such as homework assistance, tutoring, ESS, etc. Contact our CACFP Branch to learn more.

The Summer Food Service Program Branch is looking forward to another summer of growing meal opportunities. With annual growth in recent years, increasingly more children who benefit from summer meals are receiving them, but there is still a gap to fill between the number receiving summer meals and the number of children benefitting from free and reduced lunches during the school year. Sites on mobile routes, at public libraries and in low income housing complexes are growing as sponsors increasingly take meals to children where there is great need. With the strides Kentucky school districts are making to feed children in the summer, increasingly more students are returning to school healthy and ready to learn in the fall!

As you can see, there is a lot happening in SCN. Thank you again for all you do. You are in a position to make a positive impact in the life of a child every day and I hope you take the opportunity to do just that!

aurente Moore

Lauren E. Moore, Director Division of School and Community Nutrition

KentuckyUnbridledSpirit.com





An Equal Opportunity Employer M/F/D





### "Calling All Local Chapter Leaders!"

We need you to attend... You need to attend... You will be glad you attended...



This Year's Chapter Leadership Training

Where: KY International Convention Center, Louisville, KY

When: During State Conference, Wed. 3:00pm to 5:00pm

We will present each of you with your chapter affiliation book and share ideas, resources and plans for our association. Also welcome, any group that would like to start their own Local Chapter.

Hope to see you there,

Shane Bosaw, KSNA PresidentCathy Hettmansperger, KSNA President-electSusan Hagan, KSNA Affiliation ChairNancy Richardson, KSNA Chapter President Rep.



### **2019 Position Paper**

Feeding Bodies. Fueling Minds.

School meals nourish the bodies and fuel the minds of nearly 30 million students each school day. The School Nutrition Association (SNA), representing 58,000 professionals who work on the frontlines in school cafeterias, urges Congress and the Administration to strengthen the federal government's commitment to historically under-funded child nutrition programs and minimize unnecessary regulatory burdens. SNA also calls on Congress to:

- Continue and increase USDA Foods (commodities) support for the School Breakfast Program (SBP). The FY 2019 Agriculture Appropriations Bill contains \$20 million for breakfast commodities. Expanding USDA Foods to support SBP will allow more students to benefit from a nutritious school breakfast, help schools cover rising costs and advance USDA's mission of supporting America's farmers.
- Support USDA's ongoing effort to simplify child nutrition programs. Simplifying overly complex program regulations will minimize costs, allowing school nutrition professionals to invest time and resources into program improvements for students. As part of this effort:
  - Encourage USDA to return to the five-year Administrative Review (AR) Cycle for School Food Authorities (SFAs) that consistently operate in compliance. SFAs are overwhelmed by excessive AR reporting requirements and State agencies lack adequate staff and resources to effectively sustain the three-year AR cycle. A five-year cycle for SFAs consistently in compliance will maintain accountability and allow State agencies to conduct more thorough reviews. State agencies will have more resources to provide SFAs support and technical assistance, and school nutrition professionals can focus more time on serving students.
  - Encourage USDA to modify the Smart Snacks in School rule to allow all menu items that are
    permitted to be served as part of a reimbursable meal to be sold at any time a la carte.
    Allowing foods that already meet nutrition standards for school meals to be sold as daily a la
    carte choices relieves unnecessary menu planning inconsistencies and ensures students can
    choose from a variety of healthy options in the cafeteria.
- Urge USDA and the US Department of Education, in collaboration with SFAs, to develop best
  practices and guidance to ensure school schedules provide students adequate time to eat healthy
  school meals. Short lunch periods are a concern for all students especially millions of food-insecure
  children who depend on school meal programs. To increase consumption of fruits and vegetables,
  which take longer to consume, and to minimize food waste, schools must schedule adequate time for
  students to select and consume their meals.
- Oppose any effort to block grant school meal programs. School meal programs depend on entitlement status and guaranteed federal reimbursements for each meal served to ensure students in need have access to free and reduced price meals and to support the health and achievement of all students.

SNA appreciates ongoing efforts by USDA and Congress to address operational challenges and expand student access to free and reduced price meals through direct certification and the Community Eligibility Provision (CEP).









With some extra time, there were three hours spent cutting up a pallet of butternut squash for the DC Central Kitchen that ships food out daily to multiple shelters in the city. Participants included Heather Haynes, Louise Weston, Susan Hagan, Ellen Fulkerson and Lisa Sims from Daviess Co., Kaitlyn Blankendaal from Owensboro Public Schools, Chuck Robison, Alex Andrade, Michael Miller and his daughter Lilly Miller all representing SMART Systems.













**Operation Warm Hands** 

was a project created by Heather Haynes, Food Service Manager with Daviess County Public Schools. This "giving back" project started with her contacting a homeless liaison from Washington, D.C. that she found in a Google search and boy, did it grow from there. Gloves, hats,

socks, scarves, Hot Hands were collected by school kids in the school district as well as two surrounding districts. The children created cards for the homeless as well. Half of these items collected went to local shelters and the rest were distributed in Washington, D.C. the day before LAC.





<u>Quotes from Heather:</u> "So proud of the kids for making cards that were cherished and for helping drive our community to come together! What an amazing

experience for everyone involved.""My heart will never be the same!" "Never be afraid to set goals and create a plan. Don't quit until it is fulfilled. Counting the days until I can do this outreach project again!"









### KSNA Spring Manager's Retreat "Changing the Game" March 22 & 23, 2019-Owensboro



LUNCH

LADY

# **KSNA 2019 STATE CONFERENCE**



### BRAND NEW CONVENTION CENTER!

KENTUCKY INTERNATIONAL CONVENTION CENTER – KICC Downtown Louisville





#### KSNA 2019 Conference at a Glance

63<sup>rd</sup> Annual State Conference

	Monday, June 17, 2019				
8:00a.m5:00 p.m.					
	Jefferson County Schools -3001 Crittenden Drive, Louisville 40209				
Tuesday, June 18, 2019					
8:00a.m5:00p.m.	Nutrition 101 (ICN Core Course for SNA Certificate)				
Marriott Louisville Downtown-280 West Jefferson St., Louisville 40202					
9:00a.m1:00p.m.	SNS Credentialing Exam Marriott Louisville Downtown-280 West Jefferson St., Louisville 40202				
12:00p.m5:00p.m.	ServSafe Training (National Restaurant Association Course, Core SNA cert.) Marriott Louisville Downtown - 280 West Jefferson St., Louisville 40202				
12:00p.m5:00p.m.	Local Wellness Policies- KDE				
	Marriott Louisville Downtown-280 West Jefferson St., Louisville 40202				
2:00p.m5:00p.m.	<b>Conference Registration –</b> Marriott Hotel (all pre-con registrations in session)				
4:00p.m.	KSNA Executive Board Meeting				
	Wednesday, June 19, 2019				
7:00a.m4:00p.m.	Conference Registration – Marriott Hotel				
7:00a.m12:00p.m.	ServSafe Training – Continued Kentucky International Convention Center (KICC)				
8:00a.m11:30a.m.	Education Sessions & Go 360 Bio-Screening – KICC				
11:30a.m1:00p.m.	Lunch on Your Own				
1:00p.m2:30p.m.	1st General Session – Marriott Ballroom				
2:45p.m5:00 p.m.	Education Sessions & Chapter Leadership Training- KICC				
5:30p.m-6:30p.m.	Platinum & Gold Industry Partners/Directors Reception (invitation only) – Marriott				
6:30p.m9:30p.m. Masquerade Ball honoring Chapter Presidents, Platinum & Gold Partners – Marriott					
	Thursday, June 20, 2019				
8:00a.m10:30a.m.	2nd General Session – Marriott Ballroom				
10:30a.m12:00p.m.	Managers & Assistants General Session – Marriott Ballroom Directors Only Exhibits - KICC				
12:30p.m3:00p.m.	Exhibits for All – KICC				
	Evening on Your Own Belle of Louisville or Derby Dinner Theater at scheduled times (Pre-paid)				
	Friday, June 21, 2019				
8:00a.m11:00a.m.	Closing General Session – Speaker/Trainer Kern Halls, Breakfast, Installation of Officers, Awards, Door Prizes - Marriott Ballroom				



#### **2019 KSNA Conference Registration**

Kentucky International Convention Center (KICC), 221 Fourth Street, Louisville, KY 40202

Section A: Member Information	Section B: Title & Fee	
Membership #       Preferred Name on Badge         First Name       Last Name         Title       District/Organization         Address       City       StateZip         Phone       Email	Check appropriate membership category/fee         Early Bird 5/25-on site        SN EmployeeManagerRetired \$100.00EB \$150.00        DirectorSupervisorState Staff \$120.00EB \$170.00        Non-member (includes membership fee) \$275.00EB \$325.00         Section B Subtotal: \$	
Section C: Preconference Tours/Classes        Food Safety in Schools - Monday, 6/17, JCPS 3001 Crittenden Drive         (No meals Provided)       8:00am-5:00pm         Nutrition 101       = Tuesday, 6/18, JCPS, Marriott Hotel Downtown         lunch and breaks included       8:00am-5:00pm         ServSafe       — Tues 12:00-5:00pm/Wed 7:00am-12:00pm; Marriott & KICC         Deadline 4/30       2 sessions         Notebook & breaks included:       \$160.00        Local Wellness Policies - KDE       - Tuesday 12:00-5:00pm Marriott NC	Section D: Meals are Included in Registration **         Please (v) the meals/events that you plan to attend         Masquerade Ball Wednesday Night 6:30-9:30pm         Dinner, Games & Live Music! (Honoring Chapter Presidents &         Platinum and Gold Industry Sponsors)         Closing General Session Brunch -Friday 8:00-11:00am         Guest meals (those not registered for conference) \$40.00         Section D Subtotal: \$	
Section C Subtotal: \$         Section E: Thursday Night Tours 6/20         Derby Dinner Playhouse 6:00pm \$39.00 per person (meal included)         Belle of Louisville 6:30pm \$45.00 per person (meal included)         Transportation not included (Separate checks accepted)	Go 360 Bio Screening! Wednesday 6/19; 8:00-11:30am Must have KEHP insurance to participate. <u>Hotel Information</u>	
Section E Subtotal: \$         Section F: Payment Method       PLEASE COMPLETE ALL SECTIONS         Totals: Section B \$       Section C \$         ** Section D \$       Extra tickets for guest meals	Marriott Louisville Downtown, connected to KICC: KSNA (highlight and right click to open link)Hyatt Regency: Hyatt Link_ Should additional reservation assistance be required, please call 800-233-1234. Deadline5/24/19Links also available on KSNA Website	
Section E \$ Total Due: \$ (All Sections) Purchase Order # Ck payable to KSNA Credit Card Payment <u>https://www.kysna.org/payments</u> This registration form serves as your invoice.	Pictures will be taken at KSNA State Conference, your registration indicates that you consent to the use of any images in which you may appear for future KSNA materials.	
Ways to Register:       FAX 866-804-1780         Scan/E-mail:       Registration form and payment information to:         martyflynnKSNA@gmail.com       Mail:         KSNA, 305 Crillon Drive, Lexington, KY 40503	KSNA is committed to making all meeting activities, including food and beverage, accessible to all attendees. Please email your needs to: martyflynnKSNA@gmail.com	

#### **Registration Deadline is May 31, 2019**

<u>Cancellation Policy</u>: Refunds, minus a \$50.00 administration fee, will be made if you notify KSNA <u>in writing</u> (a) <u>martyflynnKSNA@gmail.com</u> or by FAX 866-804-1780 by 5/31/19. No refunds will be made on cancellations received after 5/31/19. Full payment is expected, if not already made, for cancellations after 5/31/19 – including no-shows. Please make sure all sections are completed.

KSNA Conference Classes 2019 (subject to change)	Professional Standard	CEUs	
	Key Area 1: 1210, 1310,	_	
Institute of Child Nutrition (ICN) Food Safety in Schools	1320 1310, 1310, 1310,	8	
ICN Nutrition 101: A Taste of Food and Fitness	Key Area 2: 2620	8	
Serv Safe Training (National Restaurant Association)	Key Area 2: 2620	8	
What You Need to Know About Writing/Revising Your Local		-	
Wellness Policy	Key Area 3: 3230	5	
"because I said I would" By: Alex Sheen	Key Area 4: 4140	1	
Using Technology to Make Your Work Easier	Key Area 3: 3210	1	
What's Your Why?	Key Area 4: 4130	1	
"Keep Moving: There's a Light at the End of Your Tunnel!"	Key Area 4: 4160	1	
Creating a Healthy School Nutrition Environment	Key Area 4: 4160	1	
Celebrations and Fund Raisers: What You and Your School			
Administrators Need to Know	Key Area 4: 4150	1	
Foods and Beverages: Sold Versus Offered	Key Area 1: 1110	1	
29 Tools to Create Cool Content and Marketing Pt. 1	Key Area 4: 4120	1	
29 Tools to Create Cool Content and Marketing Pt. 2	Key Area 4: 4120	1	
Engaging Student Consumers	Key Area 4: 4160	1	
Empowered to Lead Presented	Key Area 4: 4130	1	
Getting Your SNA Certificates in School Nutrition	Key Area 3: 3430	1	
MUNIS for Food Service Directors	Key Area 3: 3340	1	
Administrative Review Lessons Learned from SY 2018-19	Key Area 3: 3260	1	
Administrative Review Lessons Learned from SY 2018-19 Q & A	Key Area 3: 3260	1	
Production Records	Key Area 2: 2120	1	
NSLP and SBP Best Practices	Key Area 2: 2210	1	
Milk Myths and Facts	Key Area 1: 1320	1	
We ALL Make Learning Possible	Key Area 4: 4120	1	
Food Safety Hot Topics- Roll Out of the 2013 KY State Food Code and	and the second s		
How to Keep Your Kitchen Food Safety Compliant!	Key Area 2: 2630	1	
Cooking to Control Moisture and Good Taste in School Lunch With			
Combi Ovens and Cook & Hold Ovens	Key Area 2: 2140	1	
The Evolution of Combi Ovens in the K-12 Kitchen -What's New Today?	Key Area 2: 2130	1	
ECERS-3 What School Food Service Directors Need to Know About			
Preschool State Assessment	Key Area 3: 3220	1	
Cooking with Convection and Steam	Key Area 2: 2130	1	
Refrigeration 101	Key Area 2: 2140	1	



Alex Sheen is the founder of because I said I would, a social movement and nonprofit dedicated to bettering humanity though promises made and kept. Sparked by the loss of his father, Alex and his organization send "promise cards" to anyone anywhere in the world at no cost. Alex is someone who truly

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konors commitment. He once walked over 240 miles across the entire state of Ohio in 10 days to fulfill a promise. Injust two years, because I said I would has sent over 9.81 million promise cards to over 153 different countries. The promises written on these cards-have made headlines around the world. His charitable projects and awareness campaigns have been featured on ABC World News with Diane Sawyer, CNN, The Today Show, NPR, The Los Angeles Times and many other programs.





# KERN HALLS

Kern Halls, is a leader in student-centered school foodservice efforts and has been called "one of the most engaging presenters" in today's K-12 industry. He is sought out by school districts, state agencies, associations and manufacturers (nationwide) to shed light on proven practices to increase student meal

consumption. His military culinary background, work experience in Orlando managing #18M in sales at Walt Disney World restaurants and serving as a senior manager in Orange County Public Schools equips him with a unique skill set. During his award winning tenure in Orange County, the district's FNS team received multiple recognitions and awards for their school foodservice practices. Lead by Kern, with the help of the FNS team, high school sales grew by an unprecedented 46%. Kern has developed a reputation of being an "innovator". His STUDENT CENTERED school foodservice training and consulting company, Ingenious Culinary Concepts (ICC) focuses on keeping the student (our customer) as the top priority!

### Beth Ziesenis

Since her first Commodore 64 computer, Beth Z has made a verb out of the word "nerd". Beth helps your audience filter through thousands of apps, gadgets, widgets, and doodads to find the perfect free and bargain technology tools for work and home. Beth Z speaks to

10,000+ attendees a year...99% of whom can't pronounce her last name. She has been named a top speaker by some very famous meeting planning publications. And she really likes herjob.







#### **Conference Steering Committee – 2019**

Co-Chair: Terina Edington Co-Chair: Cathy Hettmansperger Ex-Officio: Shane Bosaw, Marty Flynn, Michelle Coker Education Co-Chair: Terina Edington Industry Relations Chair: Gina Howard Registration: LeeAnn Connor, Christy Pritchett IAC Chair: Chuck Robison Industry & President's Reception Chairs: Mary Kuhn, Chuck Robison Decoration Committee: Austin Dacci, Darryl Fineout, Stephanie Utley Hospitality Committee: Jack Miniard, Jay Mills Conference Program: Lisa Sims, Deanna Sanders Local Arrangements: Jennifer Walters



### Must have KEHP insurance to participate.

You will be ineligible for a screening if you have received one in 2019.

What: BIOMETRIC HEALTH SCREENINGWhen: June 19th, 2019 WEDNESDAY7:30am-11:30amAppointments every 15 minutesWhere: KSNA ConferenceLouisville, KYSign-up day of event & Walk-ins welcome!

Your annual biometric screening is a way to say you care about your health and your family. It can lift you from Blue Status to Bronze. And it's worth 2,000 Points and Bucks in your Go365™ account.

#### The screening is a set of quick checks:

Cholesterol

Blood pressure

- Blood glucose
- Body mass index

Waist circumference
 Height and weight

#### To fast or not to fast?

You don't have to fast (nothing to eat or drink but water for nine to 12 hours before your screening), but for accuracy it's strongly recommended. Refer to your Physician or healthcare practitioner if you are uncertain whether you should fast.



App Store

Google play

How to Earn Points!				
Biometric screening Points and Bucks Points and Bucks for in-range resu				
Body mass index (BMI)	800	800 – BMI ≥ 18.5 and < 25, or BMI ≥ 25 and < 30, with a waist circumference < 40" for males, < 35" for females		
Blood glucose	400	400 - < 100 mg/dL or A1c < 6.5%		
Blood pressure	400	400 – < 130/85 mm Hg		
Total cholesterol	400	400 – < 200 mg/dL or an HDL ≥ 40 mg/dL for males or an HDL ≥ 50 mg/dL for females		
Total Points and Bucks	2,000	2,000		

Adult children are not eligible to earn Points or Bucks for biometric screening completion or in-range results.



Join the Go365 support community visit community.Go365.com

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#### NATIONAL AND STATE NEW MEMBER APPLICATION

2 N 1 1			Member ID
	n a SNA member? 🗌 Yes 🔲		
2 First Name		Last Name	
3 Email		Job Title	
4 School District		5 School Name	6 Chapter No.
7) Work Phone		Home Phone	
8) Work Mailing Add	ress (Please indicate preferred mai	ling address 🗌 Work 🗌 Home)	
Address			Suite
City		State	Zip
9) Home Mailing Add	Iress		
Address			Suite/Apt
City	- Ter	State	Zip
10 Who referred you to SNA?	First Name	Last Name	(Optional) Member ID:

(1) Membership Category (Check either individual membership or school district/state agency membership (SDM). See back for description)

	Nation	nal Dues	(12) Employed by?  Public School  Private Management Compa	
Member Categories	Individual Membership	School District/ State Agency Membership	Private School CACFP      CACFP      (13) Does your employer pay your dues?     Yes No	
SN Employee	\$36	\$36		
Student	\$36	N/A	(14) Are you responsible for school nutrition operations in your school district? ☐ Yes ☐ No	
Retired	\$36	N/A		
SN Manager	\$38	\$38		
District Director/Supv/Spec	\$130	\$130	National, State Dues and Processing Fee are required.	
Major City Director/Supv/Spec	\$130	\$130	National, State Dues and Processing Fee are required.	
State Agency Director and Staff	\$130	\$130		
Nutrition Educator	\$130	\$130	15 NATIONAL DUES \$	
Other	\$130	\$130	KY (6) STATE DUES* \$	
Affiliate Employee	\$18	N/A	φ στημαστο φ	
Affiliate Retired	\$18	N/A	17 PROCESSING FEE \$ 2.0	
) STU/SNM/SNE/RET/AFR/AFE/	\$20	0.00 SDS/OTH/MCD/ED	(19) Tax-deductible contribution to SN Foundation       \$	
) STU/SNM/SNE/RET/AFR/AFE/	\$20	0.00 SDS/OTH/MCD/ED	20/DDS/ 20 TOTAL PAYMENT \$	
) STU/SNM/SNE/RET/AFR/AFE/		Date	2U/DDS/ 20 TOTAL PAYMENT \$	
Individual Membership Signature For SDM multiple applicants, y www.schoolnt See reverse side for i	ou may use a spread strition.org/sdm.	Date Isheet found at	20) TOTAL PAYMENT \$         21) CREDIT CARD INFO: EXP. DATE	
individual Membership Signature For SDM multiple applicants, y www.schoolm See reverse side for Dues subje	ou may use a spread atrition.org/sdm. important informati ect to change.	Date Isheet found at on.	20//DDS/       @ TOTAL PAYMENT \$         (2) CREDIT CARD INFO: EXP. DATE         #         #         (2)         FOR SCHOOL DISTRICT MEMBERSHIP (SDM) ONLY         SDM Main Contact Name         (Optional) SDM Main Contact Member ID         Email	

Rev 09/18

#### SNA National and State Membership Application Guidelines Membership Application for Individual and School District Memberships.

Instructions for completing the front of this application:

- 1. Please indicate if you have ever been a SNA member.
- 2. Print your full name as you would like it to appear in your membership record and on your membership card.
- 3. Print your email address and job title. All SNA members automatically receive emailed information related to the organization.
- 4. Print your current school district.
- 5. Print your current school name.
- 6. If you know your local chapter number, please fill in.
- 7. Print your work and home phone number.
- 8. Print your work mailing address.
- 9. Print your home mailing address.
- 10. Print full name of member referrer who introduced you to SNA (only needed for new members). This will give the person credits for Star Club and annual membership campaign drives. Optional: Include referrer's SNA member ID.
- 11. Please review the membership categories listed. Check one that best describes your position. School District/State Agency Membership (SDM)
  - is a membership managed or coordinated by the school district/state agency and can be transferred to another individual in the same membership category. Please check with your district to see if you are eligible for SDM.
- 12. Please check if you are employed by public school, private school, or private management company.
- 13. Please indicate if your employer pays your dues.
- 14. Please indicate if you are responsible for school nutrition operations in your school district.
- 15. Record your national dues based on membership category checked.
- 16. Record your state dues based on the dues listed on left side of application under "Your state dues are:"
- 17. All applications must include the processing fee.
- 18. Please add national, state dues and processing fee amounts. This is the total dues amount to be paid. Applications with incorrect total amount will be returned resulting in a delay of member benefits.
- Record your optional contribution to the School Nutrition Foundation. The School Nutrition Foundation is a 501(c)(3) organization and donations are tax deductible. Your contribution of \$10 or more will be acknowledged by the School Nutrition Foundation.
- 20. Add national dues, state dues, processing fee and any optional contributions. This is the total payment.
- 21. If paying by credit card, please enter your credit card information.
- 22. This box must be completed for SDM applicants.
- Please sign and date your completed application. Required for individual membership only. Mail your application and payment to SNA, PO Box 759297, Baltimore, MD 21275-9297.

Membership dues cover a full year of benefits. Processing of application takes approximately two to four weeks from receipt of payment. New members will be mailed a membership card about two weeks after application has been completely processed.

Dues Category	Membership Category	Description	Individual Membership	School District/ State Agency Membership
SNE	School Nutrition Employee	Cooks, chefs, bakers, bookkeepers, technicians, assistants, etc.	\$36	\$36
STU	Student	Full-time students enrolled in post-secondary nutrition, health or other food related program. Does not include right to vote.	\$36	N/A
RET	Retired	Retired Members.	\$36	N/A
SNM	School Nutrition Manager	Managers, head cooks, head chefs, assistant managers.	\$38	\$38
DDS	School Nutrition Director, Supervisors, Specialist, Executive Chefs	Working in a school nutrition program at the school district level.	\$130	\$130
MCD	School Nutrition Director, Supervisor, Specialist (Major City)	Working in a school nutrition program where the school district enrollment is 40,000 or more or city population is 200,000 or more.	\$130	\$130
SDS	State Agency Director, Supervisor, Specialist	Working in state office for child nutrition programs, including nutrition education.	\$130	\$130
EDU	School Nutrition Educator	Faculty working in a college/university setting.	\$130	\$130
OTH	Other	Principals, Superintendents, Teachers, etc. Does not include right to vote.	\$130	\$130
AFE	Affiliate Part-Time Staff (less than 4 hours daily)	Optional membership category for retired or part-time school nutrition staff. Does not include a subscription to SN magazine or the right to vote in the annual SNA election.	\$18	N/A
AFR	Affiliate Retired		\$18	N/A

Note: Contributions or gifts to SNA are not deductible as charitable contributions for federal income tax purposes. Contributions to the

Foundation are deductible for IRS purposes. \$2.00 of your national dues is used for your subscription to the SN magazine.

School Nutrition Association \* 2900 S Quincy Street, Suite 700 \* Arlington, VA 22206 Phone: 800-877-8822 \* Web site: www.schoolnutrition.org \* E-mail: membership@schoolnutrition.org

KSINA - 2010 - 2019 FIIIdi	• •	8/31/2018	10/31/2018
Exhibitors Fees	\$175,000.00	\$9,970.70	\$20,931.89
Industry Advisory Council (IAC)	\$1,200.00	+ = / = = = = =	+/
Interest-Savings, Short-term CD	\$175.00	\$14.74	\$43.74
KSNA Administrators	\$30,000.00	\$14,028.60	\$27,307.55
Managers' Retreat	\$20,000.00	\$9.41	\$5,410.86
Membership Dues	\$15,500.00	\$1,109.00	\$5,346.00
Miscellaneous Revenue	\$500.00	. ,	\$171.00
Publications & Communications	\$1,000.00		\$138.12
State Affiliation of Chapters	\$50.00		
State Conference Registration	\$85,000.00	\$978.83	\$2,012.95
Ways and Means	\$1,200.00		\$180.00
Total Revenue	\$329,625.00	\$26,111.28	\$61,542.11
Exper	nditures		
ANC Manager Employee Award	\$3,000.00		
ANC Officers	\$6,000.00	-\$88.34	\$128.63
Board Retreat	\$2,000.00		\$15.00
Education	\$500.00		· ·
Executive Board Expenses Misc	\$4,000.00	\$145.00	\$421.75
Executive Director	\$40,000.00	\$3,333.33	\$9,999.99
Exhibits	\$30,000.00		
Finance (Budget and Audit)	\$1,500.00		
Industry Advisory Council Exp	\$1,000.00		
Industry Relations	\$500.00		
Insurance and Bond	\$4,000.00		\$1,344.00
KSNA Administrators	\$22,000.00	\$142.00	\$28,165.14
KSNA Annual Conference	\$100,000.00		\$6,107.24
LAC KY	\$3,000.00		
Leadership Academy	\$5,000.00	\$250.00	\$250.00
Legislative Action Conference	\$20,000.00		
Managers Retreat Exp	\$20,000.00		\$377.00
Marketing Expense	\$1,000.00		\$907.83
Member Services	\$900.00		
Misc.	\$500.00		\$1,676.00
National Leadership Conference	\$8,500.00		\$194.36
Public Policy	\$500.00		
Publications & Public Comm Exp	\$30,000.00		\$580.75
Resolutions and Bylaws	\$100.00		
Scholarships	\$3,000.00		
SNIC/ACDA/SAE	\$3,200.00		\$1,338.35

#### KSNA - 2018 - 2019 Financial Report- approved 12/5/2018

#### KY School Nutrition Association Election

- Ballots will be provided in this publication as well as during state conference
- Ballot Box located at registration and on stage in general session ballroom
- Ballots must be turned in by second general session on Tuesday
- Winners (including all mailed, faxed, emailed and ballot box votes) will be announced at the closing general session

#### Candidates for 2019-2020 Vice-President





#### Jack Miniard

Level 4 SNA Certified Position: Director of Food Service, Harlan County Public Schools KSNA Participation: Executive Board KSNA, KSNA Region 5 Director, Leadership training KSNA, SNA Planning Hospitality Committee, LAC Committee leader for 5th Congressional District Goals: To assist the President and KSNA Board to remain the leading voice for child nutrition Programs. Being a voice by increasing awareness of available resources by KSNA, SNA, the school nutrition foundation and the institute of child nutrition to Food Service Directors and Staff. Striving to be the best TEAM member by being an active, engaged leader demonstrating integrity while serving KSNA Members.

#### Becky Lowry

Becky Lowry has been the School Nutrition Director for Clark County Schools since 2005. She graduated from the University of Kentucky with a Bachelor of Science Degree in Dietetics in 1989 and went on to get her Master of Science Degree in Community Nutrition from Eastern Kentucky University in 1997. Becky is a registered dietitian and has a Level 4 Certification with SNA. She has served as KSNA Region 6 Director for 3 terms, served as KSNA Administrative Section Representative for 2 terms, and served on the nutrition committee for KSNA. Becky has attended SNA's Legislative Action Conference for 5 years and as the current Administrators' Section Chair, she was responsible for planning the 2018 Administrators' Summit in Bowling Green, KY. Prior to working for the school system, Becky worked as a community and clinical dietician for the Clark County Health Department. The decision to change her career path after 12 years at the health department was hard but she felt as if she needed a more challenging

position moving forward in her career. Since starting in school nutrition, she has never looked back. The things she loves most about her position as School Nutrition Director are seeing the students' smiling faces as they come through the cafeteria line, working to improve childhood nutrition intake, and the life-long support and friendships she has made with fellow Kentucky directors. Becky enjoys spending time at the lake and the beach with family and friends anytime she can. She is the proud mother of two children, Addison and Landon, and has been married to her husband, Ken, for 30 years.

#### Candidate for 2019-2020 Administrative Section Representative-Elect



#### Josey Crew

Child Nutrition Director for Hardin County Schools. She is a graduate of Western Kentucky University with a B.S. in Nutrition and Dietetics. She completed her dietetic internship through Southern University of New York in Oneonta and is a Registered Dietitian. Previous to working with Hardin County Schools, she worked at Lincoln Trail District Health Department as the WIC Coordinator. With a passion for food, nutrition, and feeding youth she was on the right path! Josey enjoys spending time outdoors and with her family. She is the proud mother of two children: Kendall 9, and Carson 6 and happily married to Roger for 13 years. She is currently serving on the KSNA board as Region 2 Director and would appreciate

your support for Administrative Section Representative-Elect.

#### Candidates for 2019-2020 Secretary/Finance Officer





#### Michelle Coker MA, RD, LD, SNS

She is the School Nutrition Director for Fayette County Public Schools in Lexington for the past 14 years. She has served KSNA as the Secretary/Treasurer 2017/19, Administrators Representative 2016/17, Administrators Representative-Elect 2015/16 and Exhibit Chair for the Annual Conference 2009-2015. Michelle has 26 years of experience as a registered dietitian in school nutrition, management, food distribution and clinical environments. Michelle has been a member of the School Nutrition Association (national/state/local) as well as a member of the Academy of Nutrition and Dietetics (national/state/local). She has been a Girl Scout Leader for several years and enjoys camping with her troop. Her favorite team is the Kentucky Wildcats (Go Big Blue). Michelle has been married to her college beau, Eric for 25 years and they are the proud parents of Sydney 19 y/o and Aiden 16 y/o. As Secretary/Treasurer it would be an honor to continue to serve and support the KNSA initiatives and membership.

#### Jason (Jay) Mills, SNS

In 2000, Jay began his career in the food service industry making salads at Outback Steakhouse and guickly advanced into management. There he learned customer service, employee management, and the dollars and cents of running a business. Jay left the full service restaurant industry in 2009 to become a cafeteria manager at Highland Middle School in Jefferson County (JCPS). After only a couple weeks on the job, he realized a new passion was quickly emerging. Three years later he was promoted to area consultant, but didn't stop there. Since then, he has earned his Bachelor's degree and SNS Credential. Currently, Jay serves as the Region 3 Director and as a KSNA board member. He attended KSNA's Leadership Academy and helped to lead the Hospitality Committee at state conference for the past 2 years. Jay has "Charged the Hill" at LAC and advocated for SNPs. He was invited to and attended the highly-valued Georgetown University's McDonough School of Business Executive Leadership Program. His name has been recommended to meet and join future leaders from across the country at SNA's National Leadership Conference. "I have 2 daughters, ages 6 and 10. Every evening, we pick out what they'll be eating for lunch at school the

next day. Not only do I understand the importance of child nutrition at the local, state, and national level, but I'm living it at home every day. Continuing my leadership development journey I am excited about giving back to our association through service in state or national leadership positions. The opportunity to achieve the goals of our state and national association through leadership, to me, is truly astounding," - Jay Mills.

#### Candidates for 2019-2020 Manager & FS Assistant Rep

#### Heather Haynes



A member of Daviess County Public Schools for six years, two of those as a Food Service Manager for Sorgho Elementary. I currently serve as your Managers & Assistants Chair for KNSA and am an active believer in taking the position to the next level. While my passion is ensuring that you are provided with the necessary tools to make you the best possible food service employee for our students, I am also here to help you prepare for the daily in's and out's that our position requires. Heather served in the US Coast Guard for eight years, has a BS in Business with a focus in accounting and marketing, maintains a level 4 SNA certification, and is working towards her SNS certification. As the 2019 recipient for the SNA LAC video award, her drive to continuously grow in her position is evident. She is involved with her schools wellness program, started their schools garden program in 2018, actively participates in Fuel Up to Play 60, and works daily to ensure the kids at her school are the priority. Heather has three kids, 13, 6, and 4, and has been married for eight years to Keith.

#### Mark Johnson



Manager, Wheeler Elementary School at Jefferson County Public Schools. Mark has been in the foodservice industry for 23 years in many different capacities. He accepted his first head chef position in 2003 at the Kenosha Steakhouse in Breckenridge, Colorado. After moving back to Louisville to be closer to family he ran a few successful Louisville restaurants and worked for a while in retail with The Fresh Market helping build their regional deli business. After years of working crazy hours, holidays and weekends he wanted a change but knew that food was his passion. A friend recommended working for Jefferson County schools and there he found exactly what he was looking for. In the fall of 2015 he stepped up to the serving line and realized these were the customers he wanted to serve and offer an amazing environment to not only eat but learn about food and community as well. In 2017 he wanted to become more involved and joined the Jefferson County School Nutrition Association (JCSNA) as a Regional Director. In 2018 he earned a level 1 SNA certificate and has now submitted his level 3 for accreditation. He also serves on the Managers Advisory

Council for Jefferson County Public Schools as well as working as a health ambassador for his school. When not in the kitchen Mark loves to spend time with his wife and two dogs hiking all over Kentucky and Indiana's beautiful State Parks and National Forests. He hopes to continue to be influential and forward thinking for all of the customers and fellow employees in school nutrition for a long time to come. Working with an excited team is very rewarding in anything but especially in the challenging environment that is the National School Lunch Program. Mark hopes to connect with more and more like minded people and continue fueling passion for school foodservice.

KENTUCKY	2019 KSNA Election Ballot		
SCHOOL NUTRITION Association	Return by mail, fax or email by J Marty Flynn, 305 Crillon Dr., Le (859)303-7832, <u>martyflynnksna@</u>	exington, KY 40503	
Vice President:	Jack Miniard	Bec	ky Lowry
	ection Rep: Josey Cro		Ioy Mills
Secretary/Financ	e Officer: Michelle C	oker, MA, KD, LD	Jay Mills
Manager & Food	Service Assistant Rep:	Heather Haynes	Mark Johnson
	ership #		

**Note:** To participate in the election of the Administrative Section Representative-elect you must pay dues to be a member of the "Director/Supervisor" section of SNA. You must provide your SNA membership # in order to verify and for your vote to be counted.





### Mayfield Independent



Mayfield Independent Schools hosted James Comer for a Food Service and Cafeteria visit at lunch.

Pictured from Left to Right Congressman Comer Joe Henderson Leah Feagin

Pictured from Left to Right Amanda Bevins Leah Feagin Paola Moreno Congressman Comer Marlana Smith Ana Masso Joyce Priddy



### Henderson County



South Heights Elementary Henderson, KY

lst day of School, Let the fun begin!!

Students learning to read and follow a recipe from the book Saturdays and Teacakes. Possible future Child Nutrition Staff!!





During the months of February & March Henderson County Elementary Schools participated in a family fun night at the Preston Arts Center. 2 elementary schools each night came together for a night of activities provided by their teachers, time to look at a National Geographic Art Display as well as dinner. Our Child Nutrition program provided hot dogs, veggie cups and chips as well as a build your own yogurt bar. The children loved making their own parfaits using the frozen fruit, granola and chocolate chips that were offered. They were also given an individual bag of animal crackers to fit the theme of the night. We were also able to give them each a farm to Fridge coloring book, cow print pencils and stickers thanks to Alan Curtsinger with The Dairy Alliance.

### Fulton Independent

CARR GARDEN PARTY - Carr Elementary in Fulton enjoyed a special "Garden Party and Picnic" treat during the fresh fruit and vegetable program break in their school day. Pictured are Miss Banana, a special guest of the event, Ashley Teasley, Fulton Independent Food Service Director, Kala Tubbs, Carr Cafeteria Manager, and Judy Holliman, Carr Food Service Assistant.





Carr Elementary was awarded a grant this year by the U.S. Department of Agriculture's Food and Nutrition Service to serve fresh fruits and vegetables to their student population at least three times a week outside of breakfast and lunch time. The school receives reimbursement for the cost of the fresh fruits and vegetables available to the students during this break. The goals of the

program are to create healthier school environments by providing healthier food choices, to expand the variety of fruits and vegetables children experience, and to make a difference in children's diets to help impact their present and future food choices and health. Carr students enjoyed the opportunity to sample many different types of fresh fruits and vegetables while learning to make healthier choices in their own selection of foods and snacks.



## Union County

Hazel Garrett, Manager at Morganfield Elementary has a cleaver dual use for pizza trays at Christmas time.





Morganfield Elementary School Staff celebrating Farm day at school with the kids.

Sturgis Elementary School ... always have a great theme going on. This one was CAMPING. Love the tree bark. And checkout the





### Christian County

STARD

Indian Hills Elementary dressed up for Halloween

All Christian County Schools received 100% on Health Inspections

> Indian Hills Elementary team Got into the spirit of Valentine's Day by giving each student a Valentine's!





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Jessamine County



East Jessamine High School - student's tried out a "Mac & Cheese Bar" with many fun toppings!



West Jessamine Middle School where students enjoyed a "Baked Potato" Bar where they chose their favorite toppings.



West Jessamine High School began an alternate breakfast location, serving breakfast including "YoGo Coffee Coolers" from the concession st

<image>

Coolers" from the concession stand area where students congregate in the mornings.

### Hardin County

### Halloween Shenanigans

M&M staff-Meadowview Elementary








National School Lunch Week at East Hardin Middle School (Lots 2 Love) Check presentation for Fuel Up to Play grant at Central Hardin High School and College View Campus. Linda Lowe (pictured) is the manager for both of these schools.



# LaRue County

Hodgenville Elementary Celebrated National Popcorn day with the students, each student received a bag of popcorn. Manager Shelia Skaggs (dressed as the popcorn) loves celebrating as much as she can with her students.





Halloween- The Staff at Hodgenville Elementary dress up for the students for Halloween, Director Stephanic Utley even decided to join in the fun with an inflatable ostrich costume.



Super Hero Day-Manager Shelia Skaggs and employee Alisha Willian join in the school-wide celebration of Super Hero Day.



National School Lunch Week- The staff at Hodgenville Elementary dress up on the final day of National School Lunch Week, the students love interacting with the staff and seeing how much they love what they do each day.



# Elizabethtown Independent

Just want to share how all of our kitchens show support to our students in more ways than food. It can be a simple act as a smile or kind word, sprinkles on a cookie, decorations and a million other ways. This is one way Helmwood showed the kids they care. They made 60



valentine boxes for kids that didn't have one...the kids did not know they were doing this only the teachers, so the teachers sent down students that didn't have one so they could participate in the classroom activities with a decorated box instead of just a brown paper bag. I think they had one left..... Mike and I are very grateful for our cafeteria staff and all they do for our students!



Region Two





# **Paviess** County

# OPERATION WARM HANDS

A cup of hot cocoa and a pair of warm fuzzy gloves are the perfect complement to a winter morning. Such was the theme at Sorgho Elementary School on Tuesday morning as approximately 24 fourth and fifth-grade students handed cups of coffee and cocoa to drivers

and passengers exiting the drop-off line. The Student Lighthouse Team members also graciously accepted donations of gloves and hand warmers and placed them in the quickly growing pile behind their cocoa station. The event "Operation Warm Hands" was created after Sorgho Elementary School Cafeteria Manager Heather Haynes discovered she had been named one of three finalists in the national





School Nutrition Association (SNA) 2019 Legislation Action Conference video contest. Haynes believed, if she won the contest, the opportunity to travel to the national conference in Washington, D.C. would also present her with an opportunity to give back to others. "When I heard I was a finalist, my immediate thought was that, if this really happens, I have to give back somehow," Haynes said. "I thought, if I was being given something, it didn't feel right going on this trip and not doing something in return." In December, Haynes was notified that she indeed had won the video contest and the trip to Washington, D.C., traveling with five others. Having already brainstormed ways to give back to the D.C. community, it did not take long

for her idea to take shape. "We knew when we were going there it would be cold," Haynes said, adding that she and the other ladies attending discussed the clothes they would need to pack given the anticipated cold temperatures. Haynes said the conversation then turned from the cafeteria managers keeping warm to the extensive homeless population in D.C. Then Haynes decided to begin aiming her focus back home. "There are over 600 people in Owensboro homeless



as well," Haynes said. "Why not help people at home — where it should all start — and then continue it in D.C.?" Haynes started by sending a flyer to the Daviess County Public Schools district and then reaching out to school families, friends, businesses and sponsors with an initial goal of collecting 1,000 hand warmers and pairs of gloves. Before the official date of "Operation Warm Hands" arrived, which was rescheduled due to weather, Haynes had received over 2,000 of each, including a very generous donation of over 1,600 hand warmers from Whittaker Guns. SES students receive a generous donation of gloves from Jagoe Homes.



Tuesday morning, businesses and individuals, including Tamarack Elementary School and Jagoe Homes, delivered boxes and full bags of gloves to the SES parking lot as individual families handed hand warmer packets out of their windows. The grand total after Tuesday's contributions was 3,192 items. "A local lady even called and donated \$500," Haynes said. "We are going to use half of that to help heat the homes of some of our students and

the other half to buy more gloves." Advance-Pierre Foods has agreed to donate over 300 sandwickes for Haynes and her team to hand out in Washington, D.C. Since the team of six cafeteria managers from SES, Daviess County Middle School, College View Middle School, Tamarack Elementary School and Owensboro Public Schools will be traveling by plane to the nation's capital, there was a concern about how all of these items would be transported. "We've had a couple of people offer to donate luggage," Haynes

said, adding that once they hand





out the necessary items, the luggage could then be donated to the shelter where the group will be volunteering. The SNA 2019 Legislation Action Conference is scheduled from Feb. 24-26 and will allow the group the opportunity to sightsee, serve at a local shelter, hand out the many items they have collected and speak before Congress about issues concerning national public policy efforts supporting school nutrition programs. U.S. Representative Brett Guthrie had lunch with members of the SES Student Lighthouse Team Monday to discuss school nutrition. Fifth-grade teacher Barbi

Morris-Irby, a first-year teacher at SES and co-sponsor of the Student Lighthouse team with Katie Warren, said the students have written letters based on topics they selected from five or six issues that will be presented at the conference. Haynes will read and submit these letters to elected officials in Washington, D.C. Morris-Irby said the topics ranged from healthy snacks and changes in free and reduced lunch to having enough lunchtime to eat. She said Rep. Guthrie's visit to the school Monday and the conference in Washington, D.C. were both unique opportunities for the students' voices to be heard. "The students used that opportunity," Morris-Irby said. "How often do you get somebody here in front of you?' Morris-Irby was not just impressed by the stance her students took in voicing the importance of the new changes in school nutrition, she was also impressed by the outpouring of support from her school. "This is one amazing place," Morris-Irby said. "They do more for people and for each other than I've ever seen."





# Jefferson County

Adopt a Family - For the 2nd holiday season in a row, the Jefferson County Public Schools' (JCPS) Homeless Office asked our local chapter, JCSNA, to





partner with their office and sponsor a holiday dinner for the district's annual Adopt a Family event. JCSNA sponsored the dinner, fed around 350 participants and assisted with gathering donations and gifts. The partnership has been and will continue to be a huge success. Plans are

already in the making for JCSNA to host the dinner again next school year -Awesomejob JCSNA and volunteers!



Jefferson County School Nutrition Association (JCSNA)

- Holiday Fun & Events Our local chapter went above and beyond this holiday season and put on two "for

fun" events for members who wanted to participate. This is a great to keep the association involved with schools, employees, and its members across the district.





Basket Weaving Class Teacher, Terina Edington









Our Nutrition Initiatives teamjust rolled out this incredible campaign for families who are sending students to community eligible schools with a lunch from home. This means

saved time, groceries, and money for families who choose to participate. As for nutrition services, we can still offer milk and fresh fruit and vegetables to students who may not have them packed in their lunch from ome. Being able to reach new students while introducing them to nutritious foods is always an added bonus! As a parent, this is an awesome option. I could potentially send my child to school with only his or her favorite entree and the school cafeteria would pick up the rest. We have instructed all of our team members out in the field to frequently visit their

cafeterias and while out there. encourage students to place the bookmark (pictured above) in their lunchbox to increase the likelihood of mom and dad receiving the news!



Students can complete their

packed lunches from home by adding milk and fresh fruits and vegetables at no

charge!\*

"I Pledge to Taste It. Not Waste It" Campaign "I Pledge to Taste It, Not Waste It," is yet another amazing campaign rolled out through Nutrition Initiatives. This is a way to get students and adults excited about reducing



OUR CLASS PLEDGES TO REDUCE FOOD WASTE BY ONLY TAKING WHAT WE CAN EAT!

food waste by only choosing items that they are going to consume. Through food



rescue programs, cafeterias can collect and donate items such as, but not limited to, unopened prepackaged foods, milk, juice, whole fruit, and cereal. All of us who are out visiting cafeterias observe the amount of food ending up in the trash. Food waste can stem from things like eyes that

are bigger than bellies or not enough time in the seat to eat. Getting classes to take the pledge will help bring

additional awareness to food waste and hopefully assist in reducing it across the district while still allowing us to make significant donations to our local food banks. Jefferson County Public Schools (JCPS) began a campaign this year to focus on reducing food wastle in the cattenia. After several plate wastle studies were conducted and numercus observations done acress the district, a decision was made to launch the Food Rescue Herces Campaign. THE VERALL FOOD SUPPLY WEN ARTER LUNCHROOM STRATEGIES Posters, clings, sticker and fliers were sent to all elementary schools. OMOTE MINDFUL CHOICES NDFUL PLACEMENT OF FOODS IN y A CAFETERIAS icpsfood@icpsschoolmeals E SHOWN TO TO REASE FRUIT AND TASTE IT, DON'T WASTE IT! *GIE CONSUMPTION* ACCORDING TO HARVARD T.H. CHAN SCHOOL OF PUBLIC HEALTH, ALLOWING AT LEAST SCHEDULING RECESS NEX7 BEFORE LUNCH CAN REDUCE PLATE WASTE BY STEPS UTES 20 IN THEIR SEAT TO EAT, REDUCED PLATE WASTE BY NEARLY 1/3 . STUDENTS ABOU THE CAMPAIGN THER WAYS THEY CAN HAVE THEM SIGN THE E TO DECOMPOSED THE JOIN THE CLEAN TRAY FOOD RESCUE START A CLEAN TRAY BRIGADE, AND PASS OUT HEROES! STICKERS TO STUDENTS WHO EAT WHAT THEY TAKE!

Marty's Mischief - A lot of times we get caught up in the amount of work it takes to get the kids fed hot and nutritious meals. We get so busy, we tend to forget about how wonderful ourjobs are and how proud all of us should be of the job we do, day after day. In an effort to promote fun and celebrate the holiday season within our central office, "Marty the Elf", dropped by on several occasions to stir up some creative ruckus & most importantly to remind us to laugh! Enjoy, because we sure did! Until next year

**MPLH** meeting



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### Jefferson County Public Schools - New Menu Items

CHICKEN PARMESAN —this new menu item features a breaded chicken patty topped with marinara sauce and shredded mozzarella cheese. It will be featured on the secondary menu to start. First appearance will be January 26th.

COLLARD GREENS — this delicious recipe replaces kale greens on the menu. Greens may never be a favorite with our students but this recipe is great. Elementary schools will serve collard greens on 1/30 Secondary students will get their first taste on 2/21.

BREADED MOZZARELLA STICKS - this new menu item replaces the Wild Mike's Cheese Bites when you are out of stock. Look for it on the March menu for sure! This is a stock photo don't expect to see this many in a serving!

KICKIN' CHICKEN NACHOS – Our very own, Chef Chris, has created a dynamite recipe for buffalo chicken nachos featuring unseasoned chicken figita strips with a buffalo sauce prepared with cheese queso and hot sauce. It will be served with our new Gehl's nacho chips.

CHEESY CHICKEN PHILLY - a twist on the Philly Cheesesteak Sandwich for the secondary menu. Look forward to this new item on the secondary menu 2/4.

GENERAL TSO'S CHICKEN AND FRIED RICE - Chicken tenders are no longer available so this popular secondary menu entrée will make its debut on the elementary menu in March. A new fried rice will also appear on the menu in March to replace the veggie fried rice from last semester. Remember that students do not have to take the rice with the chicken. They may choose one and/or both.













**Region Three** 



Grant County

**Grant County Schools** increase Breakfast Participation with introduction of Oatmeal Station at Middle and High Schools



Crittenden– Mt Zion Elementary Gets a visit from Farmer Matt and AppleJack from Alpine Hills Swiss Farms in **GRANT COUNTY** 







**Region Four** 



# Middlesboro Independent

MHS has started a grab and go breakfast and lunch as well as serving breakfast coffee. They have been a success with the students. Breakfast participation has improved by approximately 100 percent!







# HARLAN COUNTY SCHOOLS: SNA LEVEL ONE CERTIFIED DISTRICT WIDE!!!

















Wayne County School's Child Nutrition Staff started the school year with ICN training for Culinary Math. The training was very in-depth, but allowed the staff to better understand the importance of following serving sizes, how to convert standard recipes and calculating food cost.

Wayne County School Foodservice Staff

In September, Chef Cyndi and Chef Kelly from K12 Consultants was in the district for 3 days. They visited each school and provided guidance on using produce from our school garden.

The school garden had an abundance of egg plant which in the past had not been received well. Chef Kelly developed a recipe for Egg Plant Fries with marinara. All the schools tried it, but the recipe was hit for our high school.



October 4, 2018 the district celebrated Farm 2 School by serving only local products across the district. All five schools participated with serving locally procured pork tenderloin, produce came from our school garden including; egg plant fries, roasted red potatoes, cucumber, green peppers, red tomato cups, fresh corn on the cob, fresh watermelon and cantaloupe, and our staff also made homemade wheat roll. Future Farmers of America (FFA) students work the school garden throughout the summer and fall. Those same students were invited to serve students on Farm 2 School Day for each school. They wore their FFA shirts and talked to the children about the school garden. Farm 2 School Month







Farm 2 School Event: High School meal (left) Steamtable at the high school with school garden items served (above) FFA students serving at Walker Elementary (right)

Wayne County Schools has celebrated NSLW, High attendance day at Early Learning Center, Halloween, Thanksgiving, Christmas, National Milk Day, Superbowl, with plans for NSBW, Dr. Seuss Day, School Lunch Hero Day, and other holidays as they occur. They had high school athletes travel to all elementary schools and serve during NSLW.



Principles and Vice-Principles at each school served during NSLW, Thanksgiving and Christmas. Children love seeing them serving and the principles then understood timing issues with serving. Some schools have adjusted their lunch times due to their help during these times.



Mr. Harris, Principle of Bell Elementary serving students



Monticello Elementary Halloween dessert





Mr. Patton MS Vice Principle serving with Mary Beth Melton, Food Service Assistant



NSLW Meal at the High School



Elementary Foodservice staff for the National Milk Day Celebration



Nathan Burks (Soccer and basketball) and Cameron Gehring (Baseball, golf, and basketball) Serving preschool and kindergarten students at Walker Elementary



Bell Elementary Halloween fruit cups and watermelon decoration.



Kathryn Tucker SF Director, collaborated with the local UK Cooperative Extension Agency to provide a "Think You Drink" display table to educate Middle and High School Students on National Milk Day. Kathryn spoke with teens and answered questions.



Walker Elementary held apple elections during election time. They voted and charted what apple was their favorite.



Middle School Foodservice staff celebrating National Milk Day



Walker Elementary planted broccoli at the beginning of the school year in raised beds.





Debbie Swope, Middle School Kitchen Manager used some odd shaped eggplant for decoration on Farm 2 School Day.



# Fayette County

### **GUESS WHO IS IN THE BALCONY**

Maggie Nelson is in the balcony! Maggie is always willing to do whatever it takes to make sure kids' nutritional needs are met. She doesn't blink an eye when 50 new students are added to the amount of after school meals needed for the new program. Maggie often collaborates with administration when she notices a student is not eating as much as usual so a follow up can happen. She truly cares for the needs of the whole child. Thank you Maggie for taking the extra time to feed more, care more, and be efficient as possible!





## High School Increases Breakfast Participation 152%



In the spring of 2018, Fayette County Public Schools Child Nutrition Department hosted a high school student intern from the EBCE (Experience Based Career Education) Program. Child Nutrition gave her a project to develop a plan for a Grab-N-Go breakfast option at her home school (Paul L. Dunbar High) to help increase breakfast participation. The student & Dunbar Cafeteria manager, Kelly Herriford, met with the principal Ms. Raines to pitch the idea. Kelly had struggled with breakfast participation in the past and felt that some of the problem was because the Dunbar cafeteria location is on the opposite end where the students enter the school building. Once given the okay, the student took on the marketing plan creating signage/ideas to promote students to eat breakfast & limit trash in the hallways. Kelly ordered supplies and got her staff on board with the idea.



The project started in May 2018, within the first month they increased breakfast counts by 40 meals per day and continued through the end of the school year. This was exciting news for the Dunbar kitchen staff and students really liked the mobile breakfast options. The Grab-N-Go cart continued through 2018/2019 school year with increasing counts daily. Even with an enrollment decrease of approximately 150 students from last year to this year there have been consistent increases each month. The Dunbar cafeteria is implementing another Grab-N-Go Cart now to increase participation even more.

Try It, You'll Like it! What can you do to increase your participation?

- "Step outside the box, be willing to try new ideas. Although it did increase labor the benefits out-weighed the work." Kelly Herriford, Dunbar Cafeteria Manager
- "The obvious is participation goes up. Otherwise just building relations with the students while providing a fast breakfast alternative instead of going to the cafeteria. We receive feedback pretty regularly from teachers saying that's it's been a great addition to the morning routine. Ms. Raines tells us almost daily that she loves the cart and how it looks." Shannon Mills, Dunbar Cafeteria Employee

Shannon Mills & Charlotte Buckner



The Proof is in the Pudding Daily Average Breakfast Count

April 2018	236		
May 2018	277		-
August 2018	212 (beginning of year slump)		
Sept 2018	280		
Oct 2018	282		Street of
Nov 2018	300		
Dec 2018	320	- NEUGLE	240
Jan 2019	320	4 energy	TO PAR
Feb 2019	324	Englis Profes	

Region Six

Clark County

Newspaper advertisement about our new supper program at Baker Intermediate School. We started this program for the first time in January and it is going great!



Levi Ross, a student at Baker Intermediate School, picks up a Supper Sack while he waits for the "Peter Pan Jr." play practice to start. (Photo by Lashana Harney)

### Baker Intermediate starting 'supper sack' program



Baker Intermediate School hosted a Veterans Day Breakfast where they fed over 200 veterans.



George Rogers Clark High School Agriculture Department and School Nutrition Department worked together to grow and serve hydroponic lettuce grown in their very own green house.



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